

National Trust Cottages Accessibility Guide

Porth Mear Cottage

Park Head

St Eval

Wadebridge

Cornwall



Cottage Ref: 011094

Introduction

- Set just inland from Park Head and overlooking the secluded valley running down to Porth Mear cove, lies a traditional Cornish building. From its high vantage point, the house commands sweeping views over the surrounding countryside and down to the sea, and the lighthouse at Trevoze Head in the distance is a distinctive landmark. There is easy access to the coast path and a number of lovely coastal walks. Porth Mear cottage is an adjoining wing of the original Pentire Farmhouse (Now Trescore) within easy reach of some of the finest stretches of coastline and beaches in North Cornwall.
- The floor coverings are carpets throughout with vinyl flooring in the hall, bathroom, and kitchen.
- The cottage has air source heating with radiators throughout. There is a multi-fuel stove in the sitting/dining room and additional electric towel rail in the bathroom.
- The cottage has spacious feel in the sitting room.
- In the event of power failure emergency lighting is provided on the landing and on the hall ceiling.
- There is a shared telephone in the locked laundry room, where there is also a washing/tumble dryer for use by guests staying at Porth Mear Cottage and a second washing machine/tumble dryer for use by guests staying in nearby Skipper's Cabin.
- A sink is also provided in the laundry room for washing wet suits or muddy items.

The accommodation comprises the following:

- The cottage is on two floors. The front door opens into the hall off which lead the kitchen, sitting/dining room, and staircase. Upstairs there are two bedrooms and a bathroom with bath and large separate shower.
- The cottage is furnished for four people and a cot.

Pre-Arrival

- See the main webpage for booking and location details.
- Please contact us prior to booking if you have any specific access requirements.
- Directions provided with booking.

Approach

- Porth Mear Cottage is accessed from the B3276 coast road between Bedruthan Steps and Porthcothan. Off this Coast Road is a track to Park Head. At the entrance of this track is a National Trust sign. This single-track leads past a National Trust car park used by walkers heading for the Southwest coast path and the beach at Porth Mear Cove. At the end of this public car park is an open gateway signed “No access for vehicles.” A few metres past this gateway lie Trescore and Porth Mear cottages. Just past the cottages on the right are the car parking areas.
- Due to farm traffic and other vehicles, the tracks through the site and the communal parking areas can have potholes from time to time, so guests are asked to take care when moving through the site especially in poor weather conditions, at dusk and at night.
- From the coast road, the track is approximately 500 metres to Porth Mear Cottage.
- View showing car parking area and laundry room. The cottage front door in the picture is Porth Mear's.



Arrival & Parking Facilities

- Parking for one car is at the side of the cottage and the space is marked Porth Mear. There is a sensor light on the end of the building.
- The car parking area is uneven and covered with gravel. There are four steps down from the car parking space to the cottage. They are uneven with a height of up to 220mm. There is a short handrail, the height varies between 760mm to 850mm.

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- The key safe is to the right of the front door at a height of 1530mm. It is operated by a combination lock mechanism, where the dials need to be turned to the cottage combination code. A torch is recommended, especially if arriving in the dark, as the numbers on the lock can be difficult to see.



Parking area for Porth Mear and Trescore



The one designated for Porth Mear is nearest to the gate



Steps down from car parking area



Getting in (and out) of the cottage

- There is a small wooden threshold up into the cottage.



Path to front door



Front door



Laundry room near the parking area

Getting around the cottage

Ground floor:

- Kitchen and sitting/dining room with external door leading to the garden, clear opening width of 500mm and a height of 1800mm.

- There is a Windsor chair in the hallway (seat height 440mm, back height 530mm).
- There is a small storage unit in the hallway.
- Hallway also has an under-stairs cupboard for storage.
- Stairs to the first floor lead off from the hallway.

First floor

- Accessed by stairs with 14 steps. The first two steps lead to a small, half landing area requiring a gentle turn to face the remaining 12 treads. The banister is on the left-hand side and has a height of 750mm from each tread.
- At the top of the stairs is a narrow landing.
- The width of the stairs is 680mm. The treads are 200mm deep.
- There is a fixed stairgate at the top of the stairs which can be bolted shut across the stairs or kept open against the wall.
- The landing has a built-in cupboard with shelving
- From the landing are two bedrooms and a bathroom. The minimum clear opening width of the first-floor doors is 750mm.



Hallway



Bottom of stairs



Looking up stairs



Landing showing stairgate

Kitchen

- Directly off the hall.
- Main light switch is to the right of the kitchen door at a height of 1330mm.
- Six recessed LED ceiling spotlights and under counter lighting.
- Height of granite worktops is 910mm from floor level.
- Ceramic style butler sinks at a height of 875mm with mixer lever taps.
- Recessed window behind sink. Access for opening the window and closing the blind is difficult due to the position of the sink and deep windowsill.
- Integrated electric cooker with single oven, grill, and ceramic hob.
- Cooker hood with light.
- Large integrated fridge-freezer.
- Integrated Dishwasher.
- Integrated Microwave with controls at a maximum height of 1700mm.
- Electric kettle and toaster.



Sitting/Dining room

- Directly off the hall.
- Main light switch is to the right of the sitting room door at a height of 1330mm.
- Lighting comprises one floor lamp, 6 two arm wall lights, and one three arm pendant in the centre of the room.
- Pendant light above dining table.
- Spacious room with a table in the bay window area offering views down to the cove.
- Dining table with four spindle back chairs.
- Dining table has knee clearance of 600mm.
- Dining chairs have a seat height of 450mm and a back height of 410mm.
- Two deep seated, two-seater sofas with seat height 500mm and back height of 400mm. Chair with a seat height of 400mm and a back height 580mm.
- Large square coffee table.
- 32" TV with separate DVD player.
- Roberts Radio.
- Door to the cottage garden with two steps down to a gravelled area. Door has a clear opening width of 500mm. Steps are uneven and a maximum height of 180mm. Gravelled area leads to lawn.
- Multi-fuel stove.



View from sitting/dining room



Double Bedroom

- Main light switch to left of bedroom door at a height of 1350mm.
- Centre light.
- High level recessed windows with sea views.
- 5' Metal bedstead, width 1520mm, length 2170mm and with a height of 780mm. The clearance under bed is 380mm.
- Four drawer chest of drawers.
- Two bedside cabinets with bedside lamps.
- Wall mirror.
- Built in wardrobe with hanging rail height of 1600mm.
- Wooden chair with a seat height of 430mm high and back height of 510mm.



Twin Bedroom:

- Main light switch to left of bedroom door at a height of 1330mm.
- Centre ceiling light.
- Three windows with countryside views.

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- Two metal 3' bedsteads, width 950mm. length 1960mm and with a height of 720mm. The clearance under the beds is 340mm.
- Walk in wardrobe with a step height of 220mm into this and a rail height of 1700mm.
- Two bedside cabinets with bedside lamps.
- Four drawer chest of drawers.
- Wall mirror.
- The circulation space around the beds is limited.



Bathroom:

- Main light switch is outside the bathroom door on the left at a height of 1350mm.
- Towel rail switch is also outside the bathroom door, on the left at a height of 1350mm.
- Four recessed LED ceiling spotlights.
- Standard size bath with mixer twist taps and handheld shower.
- Bath is 560mm high.
- Large separate shower with overhead shower head and separate head.
- Step up into shower of 200mm. Doors have a maximum opening of 520mm.
- Twist shower controls at a height of 1100mm-1300mm.
- WC is 450mm high with lever flush.
- Hand basin is 870mm high with mixer twist taps.
- Cupboard under hand basin.
- Mirror, shaver point and light above hand basin.



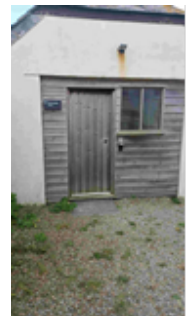
Garden:

- Spacious rear garden with views to the sea.
- There is a hedge with a small gap in its opening to the garden of the neighbouring cottage, Trescore.
- Circular wooden garden table with a knee clearance of 650mm and four arm wooden garden chairs.
- The chairs have seat height of 420mm and a back height of 380mm.
- There is a purpose-built barbecue.
- There is no secure, enclosed area.
- The garden can be accessed via a gate from the car park, from the sitting room door and from the path leading from the front door.



Communal laundry room

- This is next to the parking for Porth Mear Cottage and Trescore
- There is an external light on a sensor
- There is also external lighting on the corner of Porth Mear Cottage
- There is a small step up into the laundry room
- The floor is covered in vinyl
- There is a washing machine, a washer/dryer and a sink
- There is a landline in this room for guests' use as the mobile signal is not good
- A WC accessible from the laundry room is for the use of staff and contractors



Additional Information

- Assistance dogs are welcome at all our cottages.
- In the event of a fire, it is the responsibility of the guests to evacuate themselves. Vibrating fire/smoke detectors are available if requested at time of booking. Please contact us if you have any other specific access requirements in this respect.
- Mobile telephone signal is very unreliable and depends on your network.
- Carpets are 80/20 wool/manufactured fibres.
- Duvets and pillows are made of hollowfibre.
- Cushions are hollowfibre.

Facilities at all cottages

In addition to the standard equipment and facilities, each cottage is equipped with the following:

- Chair with armrests in sitting/dining room.
- Good reading light.
- Non-slip mat for bath/shower.
- Information in alternative formats (on request).

We aim to provide these items in all cottages but please check when booking as to their availability and to check if new items have been added to the list.

In Porth Mear Cottage, please pre-request a large handle vegetable peeler and an easy jar opener.

Specialist equipment

Other specialist equipment such as wheelchairs, bath seats, toilet frames etc. may be available for loan or purchase from the local Red Cross loan centre. Please check this out before booking the Cottage and contact us if you require further information.

<https://www.redcross.org.uk/get-help/borrow-a-wheelchair>

<https://www.redcross.org.uk/get-help/hire-a-toilet-aid>



Future Plans to improve Access to National Trust Holiday Cottages

- We are currently in the process of writing accessibility guides for all our holiday cottages and improving access over time for all our guests. All feedback is very helpful in informing us of ways in which we can improve access to all our cottages. We welcome any comments or ideas from you about access at this cottage and thank you for taking the time to do this. Please do this in the most convenient way for you. See contact details below or information on website.

About the Accessibility Guide

- This Accessibility Guide is intended to provide key information about the cottage that may be particularly relevant to guests with disabilities. Please contact us prior to booking if you would like information that is more specific, and we will be happy to oblige.
Email: holiday.enquiries@nationaltrust.org.uk
Phone: 0344 800 2070

Access for All at the National Trust

- The Access for All office works to improve access at all National Trust cottages and properties. The office welcomes comments and ideas on improving access.
Phone: 01793 818531
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