

## National Trust Cottages Accessibility Guide

Cottage Ref: 009007

### Introduction

Low Strawberry Gardens is a cosy cottage on the banks of the western side of Lake Windermere in the heart of the Lake District. There is no TV or electricity, save for essential items and lighting.

The Cottage is arranged as follows:

#### Ground Floor:

- Kitchen/dining room
- Living room
- Shower room
- Double bedroom
- Stairs to first floor

#### First Floor:

- Twin bedroom

### Pre-Arrival

- See the main webpage for booking and location details.
- Please contact us prior to booking if you have any specific access requirements.
- Directions provided with booking

### Arrival & Parking Facilities

The property is accessed via a hard track with shared parking at the front of the property.

### Getting in (and out) of the cottage

Access to the main entrance is directly from the car parking area. Two small steps (average 130mm high) to the entrance door 780mm wide. Care is needed as the doorway height is 1780mm. This leads directly into the kitchen which leads to the living room and, from there, the rest of the cottage.

### Getting around the cottage

#### Ground floor:

- The ground floor is uneven with steps leading from room to room. The steps will be indicated below.
- A stone-flagged floor covers the kitchen and living room with a lino covering in the shower room. The double bedroom consists of original polished wooden floorboards



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## First floor:

- Consists only of a twin bedroom but care is needed due to the low apex-shape ceiling and low hanging beams.
- Original polished wooden floorboards.

## Kitchen

- Height of worktop is 900mm
- Appliances include a simple under-counter fridge and a double gas oven.
- Note: Due to the limited electricity supply, the fridge socket should not be used for any other purpose.
- Dining table (clearance 640mm)
- 2 x dining chairs (450mm seat height) and a single bench (470mm seat height)
- Access to rear shared garden via 2 steps (riser average 165mm) to rear entrance (930mm) wide with a further small door lip.
- Access to living room entrance (810mm wide) with doorstep of 140mm. Care needed as the doorway height is 1830mm.

## Main Living Room

- Two x 2 seater settees (seat height 400mm)
- Woodburner contained inside a range
- Access to shower room and ground floor bedroom

## Shower Room

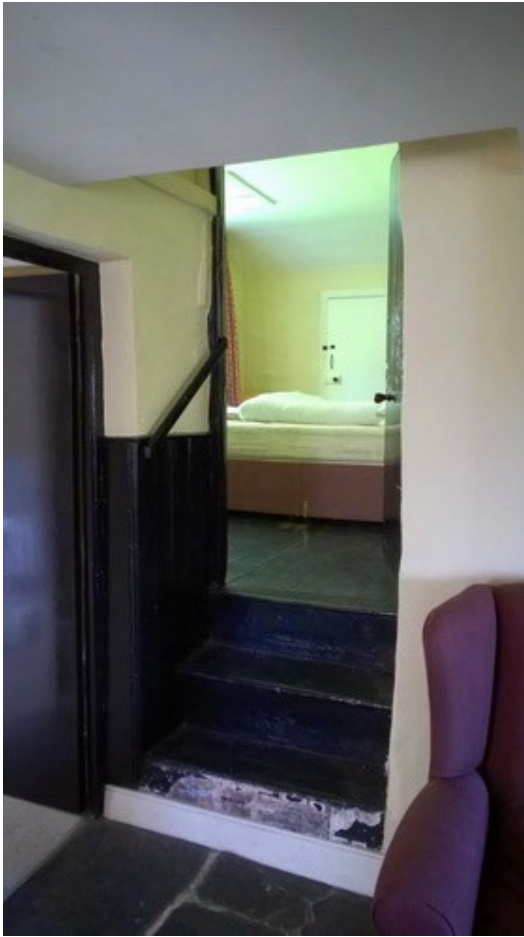
- Double entrance doors to shower room (each 630mm wide)
- WC height 410mm; Sink height 820mm
- Double shower unit with folder door providing access width of 500mm
- The wall-mounted control panel is 1100mm high.

## Double Bedroom

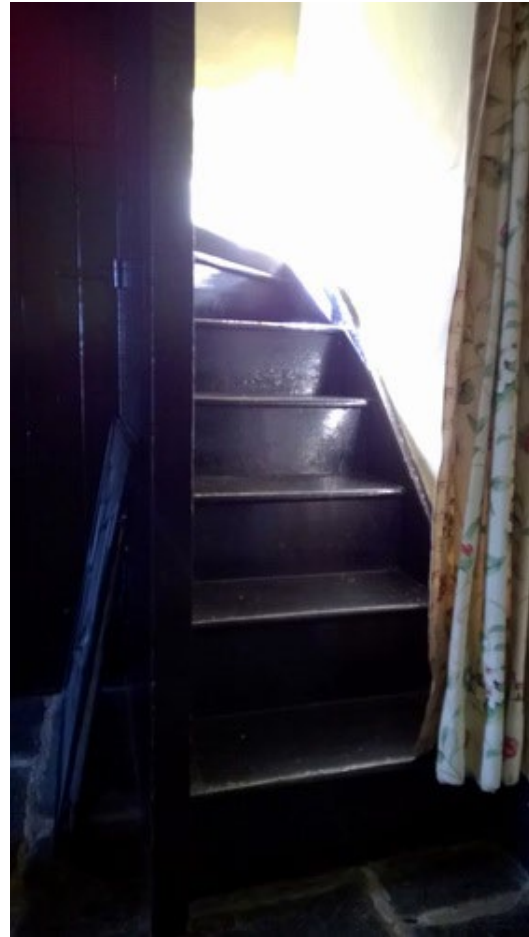
- 3 very steep steps lead to the bedroom door. The steps average 230mm and there is a handrail support at 1400mm
- Entrance door 740mm wide
- Double bed (2000mm long x 1500mm wide x 630mm high)
- One bedside lights sits on top of a chest of drawers
- Dresser chair (seat height 470mm)
- Built-in wardrobe with thick heavy door

## Stairs

- A curtained entrance leads to a narrow L-shaped staircase consisting of 11 steps. The risers are 200mm high and there is no handrail support
- Care is needed at the top steps due to the low ceiling. The ceiling height from the top step is just 1470mm
- A stair railing guard the top part of the staircase and is 830mm high.



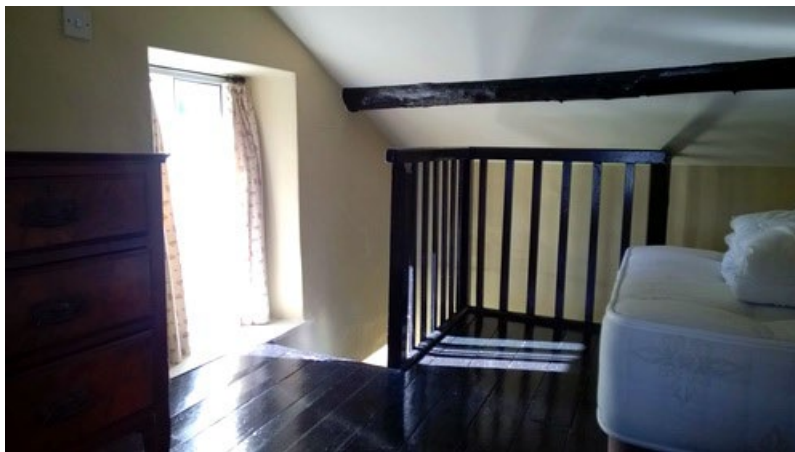
Stairs to double bedroom



Stairs to first floor

### Twin Bedroom

- Due to the apex ceiling care is needed at each end of the bedroom as it narrows. Additionally, there are low hanging beams; 1710mm high at the far end and 1760mm by the stairs.
- Low level windows; 1 at floor level and the other at 190mm above floor level.
- 2 x single beds (each 2000mm long x 980mm wide x 590mm high)



## Garden

- The rear comprises a grassed garden area (shared) with rotary clothes drier.
- Beyond the parking area to the front of the cottage lies a stone jetty which can be slippery when wet. There are no guard rails so care will be needed with small children.
- There is seating and a table for outside dining/picnics.

## Additional Information

- Assistance dogs are welcome at all our cottages
- In the event of a fire, it is the responsibility of the guests to evacuate themselves. Vibrating fire/smoke detectors are available if requested at time of booking. Please contact us if you have any other specific access requirements in this respect.

## Facilities at all cottages

In addition to the standard equipment and facilities, each cottage is equipped with the following:

- Cordless kettle
- Chair with armrests in dining room and living room.
- Good reading light
- Large handle vegetable peeler
- Easy tin opener
- Non-slip mat for bath/shower
- Non-slip place mat
- Easy jar opener
- Information in alternative formats (on request)

We aim to provide these items in all cottages but please check when booking as to their availability and to check if new items have been added to the list.

## Specialist equipment

Other specialist equipment such as wheelchairs, bath seats, toilet frames etc may be available for loan or purchase from the local Red Cross loan centre. Please check this out before booking the Cottage and contact us if you require further information.

<http://www.redcross.org.uk/standard.asp?id=89425>

## What3words

What3words is an App, especially used by emergency services, that directs them to within a range of 3 metre square of the cottage so it's very accurate. What3words for Low Strawberry Gardens is: **shops.removable.worry**

## **Future Plans to improve Access to National Trust Holiday Cottages**

- We are currently in the process of writing accessibility guides for all our holiday cottages and improving access over time for all our guests. All feedback is very helpful in informing us of ways in which we can improve access to all our cottages. We welcome any comments or ideas from you about access at this cottage and thank you for taking the time to do this. Please do this in the most convenient way for you. See contact details below or information on website.

## **About the Accessibility Guide**

- This Accessibility Guide is intended to provide key information about the cottage that may be particularly relevant to guests with disabilities. Please contact us prior to booking if you would like information that is more specific and we will be happy to oblige.

Email: [cottages@nationaltrust.org.uk](mailto:cottages@nationaltrust.org.uk)

Phone: 0344 800 2070

## **Access for All at the National Trust**

- The Access for All office works to improve access at all National Trust cottages and properties. The office welcomes comments and ideas on improving access.

Phone: 01793 818531

Email: [accessforall@nationaltrust.org.uk](mailto:accessforall@nationaltrust.org.uk)

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