

National Trust

National Trust Cottages Accessibility Guide

Stepper View
Pentire Headland
Pentireglaze
Polzeath
Cornwall



Cottage Ref: 011115

Introduction

- Stepper View is in an elevated position on Pentire Head with sweeping countryside and sea views overlooking Polzeath, the cottage is part of a farm hamlet with a working farm close by. There is a cluster of small, unused barns to one side of the cottage and a large farmhouse nearby. This farmhouse is now owned by National Trust and has been converted into two holiday cottages, Pengirt and Pentire Head Farmhouse.
- Stepper View is approximately a mile from the main visitor hub for Pentire. Facilities which include a cafe with indoor and outdoor seating, parking for cars and bikes, disabled toilets, a changing room, and Trampler hire. There is guidance on local accessible trails for those using buggies, mobility scooters and wheelchairs. More details can be found at: www.nationaltrust.org.uk/pentire Click Facilities / Access.
- Stepper View has air source heating providing warmth to the radiators throughout. There are heated, towel rails in the bathroom and a multi-fuel stove in the sitting room. The thermostat and boost switch for the heating controls is located in the sitting room and is 1440mm from floor level.
- There are varying floor levels within cottage.
- In the event of power failure emergency lighting is provided. The consumer unit is located in the utility room.

The accommodation is set over two floors and comprises the following:

Ground Floor

- A stable door opens into a small boot/utility room.
- From the utility room, another stable door opens into a kitchen/dining room.
- At the opposite end of the kitchen a door leads into the sitting room.
- From the sitting room there is a stable door to a porch leading onto a terraced area at the front of the building.
- From the sitting room there is a door leading to a lobby with doors leading to lavatory and reading room.
- Open stairs from the sitting room lead to the first floor.

First Floor

- At the top of the stairs there is a bedroom with an en-suite bathroom.
- A landing area leads to the second bedroom with an en-suite shower room.

Pre-Arrival

- See the main webpage for booking and location details.
- Please contact us prior to booking if you have any specific access requirements.
- Directions provided with booking.

Approach

The approach is via narrow, winding country lanes with a long, single track to the cottage's car parking area. The main entry to the Pentireglaze is at a crossroads opposite a campsite. It is the second right turn after the National Trust's Lundy Bay car park. The entrance road leads past the main visitor hub. Pentireglaze is a small cluster of buildings just before the headland. Pass the cluster of cottages here and drive over the cattle grid leading onto the headland. The cottage is approximately $\frac{3}{4}$ mile from the first cattle grid. There is a second cattle grid, and you may find the gate closed. Please close the gate behind you. Once through this farm gate, Drive past the gate for Pentire Head Farmhouse then bear right where you will see Stepper View. The unmade track is stony and bumpy. We recommend a speed of no more than 15 miles an hour as this track is used by walkers and cattle.

Arrival & Parking Facilities

- There is parking for two cars on an area immediately outside the cottage's gate.
- The key safe is to the right of the front door at a height of 1370mm is operated by a combination lock mechanism, where the dials need to be turned to the cottage combination code. There is a sensor light above the door. A torch is recommended, especially if arriving in the dark, as the numbers on the lock can be difficult to see.



Getting in (and out) of the cottage

- There is a small step 70mm at the threshold of the gate from the car park. This has a sliding bolt which opens onto a level, flagstone terrace. The front door is 3 metres from the gate.
- There is a step up to the front door of 120mm.
- The door has a minimum opening width of 690mm.
- The light switch is on the right-hand side as you enter at a height of 1150mm.



Door to boot room entrance



Porch max height 1700mm
and door to sitting room

Getting around the cottage

Ground floor:

- There are various floor coverings ranging from stone in the boot/utility room and the kitchen. The sitting room, reading room and downstairs lavatory has a hard wood effect floor. There is a large rug in the sitting room.



Step into boot room



Step up to boot room

- There is step immediately as you enter the boot/utility room this step has a height of 85mm.
- There is a small step up on the threshold into the sitting room.
- There is a small step up to the lobby area for the reading room and lavatory.
- The minimum opening width of the doors is 590mm. The doors have handles or latches at a maximum height of 1340mm.

First Floor:

- Staircase with handrail to right hand side. The handrail has a height of between 780mm to 800mm from each tread. The top post of the handrail is 900mm high.
- 12 treads at a height of 180mm to landing area.

- The minimum width of the stairs is 690mm.
- Minimum door opening width is 670mm.
- The light switch for the landing is to the right of the bedroom door at a height of 1150mm.
- Slot in stair gates provided for the top and bottom of the stairs.
- The landing and bedrooms are carpeted and there is vinyl flooring in the bathrooms.

Ground Floor:

Boot/utility room

- The door opens onto a level area of 1450mm long.
- From this level area there is a high step of 180mm to a second level.
- There are worktops at a height of 920mm with a butler ceramic sink with lever taps.
- There is a storage cupboard under and to the left of the sink. To the right of the sink there is a washer dryer.
- There is a small window overlooking the side terrace.
- There are 4 recessed LED spotlights.
- There is a small seat in the utility room with a seat height of 460mm and a back height of 430mm.
- There is a peg rack with a hook height of 1700mm.
- The consumer unit is located on the wall at a height of 1600mm.



Kitchen

- The kitchen is approached from the utility/boot room.
- The main light switch is to the left of the kitchen door at a height of 1200mm.
- Nine dimmable, recessed spotlights on the ceiling.

- The worktops are granite and range from 910mm to 950mm from floor level.
- There is a built-in single oven with grill with a microwave above.
- There is a high cupboard above the microwave at a height of 1700mm.
- The controls of the oven are 1040mm and the control knob on the microwave is 1380mm.
- There is a ceramic hob with controls to the right of the hob.
- There is a cooker hood which extends and is lit.
- There is a stainless-steel sink, drainer and lever taps.
- There is an integrated fridge, an integrated freezer and an integrated dishwasher.
- There is a kitchen table with a minimum knee clearance of 650mm.
- There are four slatted-backed wooden chairs with a seat height of 440mm and a back height of 440mm. The chairs have no arms or seat pads.
- There is a window seat with a padded cushion.
- Views of the sea from the kitchen window.



Sitting Room

- The threshold has a small step into the sitting room at a height of 60mm.
- The door width is 730mm.
- The light switch for the sitting room is to the left of the terrace door at a height 1170mm.
- There are three, single wall-lights and one, two-arm wall-light.
- There is a table lamp.
- There are two, two-seater sofas with scatter cushions. Seat height 450mm and back height 580mm.

- There is a, Windsor, wood chair with arms with a seat height of 450mm and a back height of 680mm.
- There is a 32-inch TV with separate DVD.
- There is a small window with a sea view.
- There is a multi-fuel stove in a fireplace recess with hooks provided in the wall for a nursery guard to be fixed.
- From the sitting room there is a stable door to the front terrace with a threshold of 30mm. The minimum opening of the door 680mm and a height of 1750mm.





Lobby (accessed from sitting room)

- There is a step up to the lobby of 80mm.
- The minimum clearance of the door is 740mm and a head height of 1650mm.
- There is a light switch of 1150mm on the wall to the left.
- There is a small window offering ample light.

Reading Room

- The door clearance is 600mm
- There is a threshold of 30mm high.
- The light switch is to the left of the door at a height of 1150mm.
- There are two windows offering ample light. One window is very high level.
- There is a central pendant light and a floor lamp.
- There is a writing desk with a small knee clearance of 580mm height and a width of 380mm.
- There is a wooden, Captain's chair with a seat height of 430mm and a back height of 370mm.



Lavatory

- The door width is 590mm.
- The light switch is to the right of the door as you enter at a height of 1170mm.
- One ceiling recessed spotlight.
- The hand basin has a height of 850mm with twist tap.
- There is a mirror above the hand basin.
- The height of the WC is 400mm.



First Floor Double Bedroom or Twin

- The door clearance is 670mm.

- The light switch is to the right of the door at a height of 1150mm.
- There is one central flush pendant.
- There are two bedside cabinets with bedside lamps.
- The zip link bed is 6' (1900mm) with a length of 2000mm and a height of 740mm.
- The bed can be split into single, 3' beds upon request allowing the room to be used as a twin bedroom.
- The bed is in a centralised position in the room with minimum circulation space at the far end of the bed.
- There is a full-length mirror.
- The compactum wardrobe has a rail hanging height of 1800mm, a 3-drawer chest within the wardrobe with four shelves above.
- There is a window with sea views.



En-suite bathroom to Double/Twin

- The door to the en-suite has a clearance of 720mm.
- The light switch is to the right of the door, bedroom side, at a height of 1150mm.
- There are four, integrated recessed lights.
- The hand basin has a height of 820mm with twist taps.
- There is a backlit mirror with a sensor light to operate located along the base.
- The height of the WC is 500mm.
- The bath is p-shaped with an electric shower above.
- There is an anti-slip bathmat provided.
- There are no integrated grab bars for the bath with shower.
- The bath height is 540mm with centrally located twist taps.
- The shower controls are at a height of 1500mm from the bath floor.
- There is an extractor fan in the ceiling.
- Window with sea view.
- There is a large ladder towel rail with a boost control located on the bedroom wall. The height of the control is 1150mm.
- The switch for the shower is to the right of the bedroom door at a height of 1420mm.



Landing

- Landing area to second bedroom with a minimum width of 630mm.

Bedroom – Double

- The minimum clearance of the door is 690mm.
- There is a light switch to the right of the door which is 1200mm high.
- There is a central pendant.
- There are two bedside lamps on two bedside cabinets.
- The bed is an iron, 5' (1500) bedstead without a footboard and in a centralised position in the room.
- The height of the bed is 770mm, length 2000mm
- There is a five-drawer chest and a full-length mirror.
- There is a built-in wardrobe with a rail height of 1700mm.
- There is a wood chair with a seat height of 470mm and a back height of 420mm.



En-suite shower room

- The door has a clearance of 690mm.
- The light switch is bedroom side to the right of the door at a height of 1220mm.
- The switch for the towel rail is the right of the door at a height of 1240mm.
- There are four, integrated LED spotlights.
- The WC height is 500mm.
- The hand basin is 800mm high with twist taps.
- There is a backlit mirror above the hand basin which is operated by a sensor at the base.
- There is an extractor fan in the ceiling.
- There is a corner shower with a step into the shower at a height of 230mm.
- The minimum width of the sliding door into the shower is 450mm.

- The height of the mains fed shower control is 1100mm.



Garden

The garden at the back is elevated. It is accessed by a wicket gate with a short flight of broad slate steps leading up to a paved patio with garden furniture. There is no handrail but there is a low stone wall on the right-hand side. It is partly grassed with a wildflower area. There is a post and rail fence at the back.

At the front of the cottages a level slate patio area with a wicket gate to a rough field in front of disused barns.

- Circular wooden table with knee clearance of 600mm.
- 4 wooden chairs with arms seat height and back height of 460mm.
- 4-fold down, portable director's chairs to position where you choose.



Additional Information

- Assistance dogs are welcome at all our cottages
- In the event of a fire, it is the responsibility of the guests to evacuate themselves. Vibrating fire/smoke detectors are available if requested at time of booking. Please contact us if you have any other specific access requirements in this respect.
- Mobile phone signal is very limited and depends on provider.
- Carpets are 80/20 wool/manufactured fibres.
- Duvets and pillows are made of hollowfibre.
- Cushions are hollowfibre.

Facilities at all cottages

In addition to the standard equipment and facilities, each cottage is equipped with the following:

- Chair with armrests in sitting room.
- Good reading light
- Non-slip mat for bath/shower

- Information in alternative formats (on request)

We aim to provide these items in all cottages but please check when booking as to their availability and to check if new items have been added to the list.

In Stepper View, please pre-request a large handle vegetable peeler and an easy jar opener.

Specialist equipment

Other specialist equipment such as wheelchairs, bath seats, toilet frames etc may be available for loan or purchase from the local Red Cross loan centre. Please check this out before booking the Cottage and contact us if you require further information.

<https://www.redcross.org.uk/get-help/borrow-a-wheelchair>

<https://www.redcross.org.uk/get-help/hire-a-toilet-aid>

Future Plans to improve Access to National Trust Holiday Cottages

- We are currently in the process of writing accessibility guides for all our holiday cottages and improving access over time for all our guests. All feedback is very helpful in informing us of ways in which we can improve access to all our cottages. We welcome any comments or ideas from you about access at this cottage and thank you for taking the time to do this. Please do this in the most convenient way for you. See contact details below or information on website.

About the Accessibility Guide

- This Accessibility Guide is intended to provide key information about the cottage that may be particularly relevant to guests with disabilities. Please contact us prior to booking if you would like information that is more specific, and we will be happy to oblige.

Email: holiday.enquiries@nationaltrust.org.uk

Phone: 0344 800 2070

Access for All at the National Trust

- The Access for All office works to improve access at all National Trust cottages and properties. The office welcomes comments and ideas on improving access.

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