

The Langdales Access Statement

Great Langdale, Ambleside, Cumbria LA22 9JU

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Section 1: Sticklebarn

Section 2: Langdale Outdoor Properties

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Introduction

Sticklebarn is no longer managed by the National Trust, the pub is now leased out to Lanty Slee's who manage all operations. For any details of the Lanty Slee's Langdale please contact them directly.

W: <https://lantyslee.com/langdale/>

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Section 2: Langdale Outdoor Properties

The following are suggestions of more accessible routes or destinations within NT ownership in the Great Langdale area. We are aiming to improve accessibility across our sites, and will review this document annually to reflect any changes.

Introduction

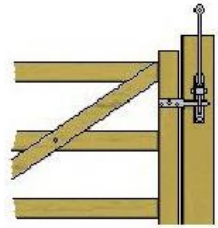
- Great Langdale valley boasts some of the most spectacular scenery in the Lake District, with the most photographed mountains in the Lakes, the Langdale Pikes, rising dramatically from the valley floor. The National Trust cares for over 400 acres of this landscape (much of which is farmland, criss-crossed with a network of footpaths) as well as several smaller sites just outside the valley.
- There are National Trust car parks at Stickle Ghyll, Old Dungeon Ghyll and Elterwater, as well as limited parking at High Close Estate, next to the Youth Hostel.
- Mobile phone reception is generally poor. Vodafone has the best reception across the valley.
- Dogs are welcome in all areas, but should be kept on leads due to livestock in surrounding fields.

Sticklebarn to Elterwater footpath

Points 1-5 on map below

The Sticklebarn to Elterwater footpath was upgraded in 2015 as part of the Lake District National Park's 'Go Lakes' project, which aimed to make key off-road routes through the Lake District more accessible. This route is more suited to walkers, cycles and off-road mobility scooters.

Key features: spectacular views of the Langdale Pikes from the valley floor; pleasant farmland, riverside, and forest sections. There are several gates along the route, all of which are suitable for off road mobility scooters such as the Trampler or Boma. Most gates come with long-handled gravity latches (pictured).



Surface: mostly crushed slate surfaced path. After areas of heavy rain, particularly after significant storms, areas of the path are prone to flooding. This can have an effect on the surface and cause some potholes.

Gradient: level in places, with some gradual, moderately steep inclines. Gradual incline through woodland section leading to Baysbrown Farm. One steep descent leading down from Elterwater Quarry, towards Elterwater.

Parking: Stickle Ghyll car park, LA22 9JU. Large National Trust car park with 3 designated disabled parking spaces, towards the top of the car park by the toilet block. Parking is free to National Trust members and blue badge holders; parking charges apply to all other vehicles.

Facilities: The car park toilets can be reached by a short ramp (please note there is a concrete lip between the gravel surface of the car park and the ramp). These have wide cubicles and bench seating is available next to the sinks. Automatic hand driers are fitted. There is no designated disabled toilet. Public toilets are available at Elterwater (council run). Food & drink stops at Lanty Slee's (Stickle Ghyll), Wainwrights Inn at Chapel Stile, Britannia Inn at Elterwater, Maple Tree café at Elterwater.

Distance: 3.6 miles (7.2 miles as a circular route).



This route is part of the Langdale to Skelwith Bridge cycle trail. For the full route and route instructions, visit: <https://www.nationaltrust.org.uk/sticklebarn-and-the-langdales/trails/langdale-cycle-trail>

Elterwater

Points 5-7 on map above

This route is a section of the Go Lakes route which links Langdale and Ambleside; this section leads from the National Trust car park at Elterwater village, past Elterwater, then alongside the river Skelwith Bridge. This is a mostly flat, level route.

Key features: lovely spots by the water for a picnic, stunning views of the Langdale Pikes and surrounding fells.

Surface: level, crushed slate surface. Some sections which are prone to flooding are slate pitched, which can be a rougher surface. Suitable for all types of mobility vehicle/wheelchair, although non-motorised wheelchairs and pushchairs may find the surface a little bumpy at times.



Gradient: minimal gradient, level surface.

Parking: National Trust car park at Elterwater. There is no designated disabled parking in this car park (although there are two disabled spaces on the road, just outside the car park). Parking is free to National Trust members (valid ticket displayed), parking charges apply to all other vehicles.

Facilities: council-run public toilets (no disabled access) in Elterwater village. Food & drink stops at Britannia Inn pub in Elterwater, Maple Tree café in Elterwater, Chesters by the River at Skelwith Bridge.

Distance: 3 miles as a circular route (Elterwater to Skelwith Bridge, and back to Elterwater).

High Close Garden & Arboretum

High Close Garden covers eleven acres and was originally planted in the 1860s by Edward Balme, with exotic conifers from North America as well a variety of rhododendrons. The historic raised terrace overlooks the arboretum, leading out to wider views across Loughrigg fell, Loughrigg Tarn and Grasmere. There are woodland paths leading through the hillside arboretum; these can be steep with rougher surfaces and steps, but terraces and paths directly from the car park are more level, with seating provided.

Key features: wide variety of trees and plants, newly restored viewpoints and footpaths.

Surface: crushed slate footpaths, narrow in places, some steps (no handrails)

Gradient: car park and terrace are at the top of the hillside site, connected by crushed slate footpath (some steps). Steep gradient leading from the terrace through the woodland paths.

Parking: small NT car park, with limited parking spaces, next to Langdale Youth Hostel (no charge). Postcode LA22 9HJ

Facilities: YHA café is open when possible – contact YHA for opening days and times, 015394 37579. Nearest public toilets are in Elterwater or Grasmere.



The Chang Terrace in High Close Garden

Dora's Field (Rydal)

This semi-open woodland, renowned for fine displays of bluebells and daffodils, was once owned by William Wordsworth, who planted hundreds of daffodil bulbs in memory of his daughter, Dora.

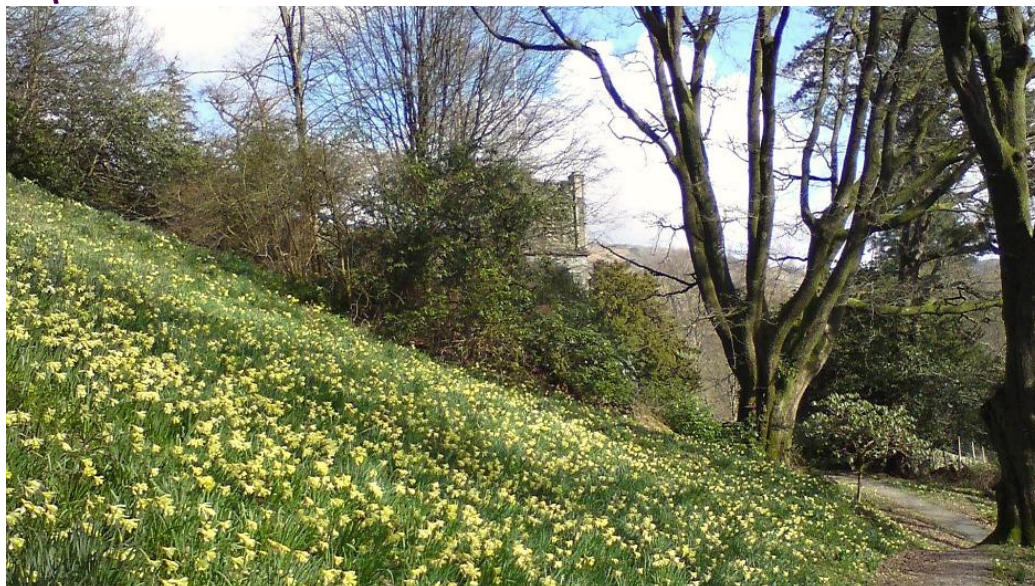
Key features: springtime is the best time to visit, when daffodils (and later, bluebells) carpet the woodland floor.

Surface: crushed slate surface, rough woodland path with steep steps at either end. Narrow paths in places.

Gradient: terraced footpaths; level in places, with steep sections connecting different levels.

Parking: no car park. Limited on-road parking on the road leading to Rydal Hall, next to Rydal Church. Lake District National Park car park at Pelter Bridge (pay & display), across the A591 (LA22 9LW nearest available postcode).

Facilities: No facilities on site. There is a tea-room and toilets at Rydal Hall, just across the road from Rydal Church.



Contact details for more information

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Reviewed: Oct 2023



