

Nature spotter trail

You can join in with these activities on your visit today. Why not share an image of what you find on Facebook or Instagram using the hashtag #EveryoneNeedsNature?

Counting nature

Look for **one** animal



Spot **two** flowers

Search for **three** trees

Search for **four** birds

Look up to find **five** clouds



Search for the colours

Match the colours in the wheel to the colours you can see outside.

Tick off the matches you find.



On the hunt for different sounds

Find a quiet spot to sit or lie down.

Close your eyes and listen to the different sounds around you.

Each time you hear a different sound, catch it in your hand.

Can you describe the sound below?

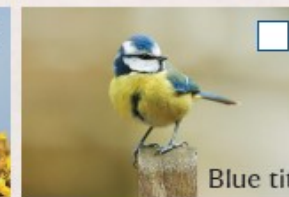
If you're a small explorer, try drawing the sound.

Bird watching

Birds are a great animal to watch, whether you're indoors or out.

Find a quiet space to sit and look for different birds.

Can you spot the ones below? What other birds fly by?



50

THINGS TO DO
BEFORE YOU'RE

11³/₄



Why not try one of these 50 things activities today?

Great things to do today



Have fun with sticks



Get to know a tree



Watch a bird



Join nature's band



Make friends with a bug

For more activities, you can visit the family hub on the National Trust website nationaltrust.org.uk/for-families

Outdoor adventures whatever the weather

Sunny Days



Don't forget to wear your sun cream and hat. We're going on an adventure in the sun!

Can you find a flower for every colour of the rainbow?

Watch the clouds, what shapes can you see? Are there any that look like animals?

Collect sticks, feathers, leaves, and anything else you can find to create wild art.

Find a log to balance on.

Look out for butterflies. How many different ones can you spot?



Rainy Days



Grab your wellies and dig out the binoculars. We're going on an adventure!

Feel the rain on your hands and face.

Listen to the noises caused by the rain.

Search for a rainbow. There might be a big one in the sky, or a tiny one hidden in a raindrop.

Catch a raindrop on your tongue.

How many worms can you see?

Spot different reflections in puddles.

