Come on a journey through our 370 acres of beautiful and fascinating parkland. Whilst following one of the trails marked on the map, look out for the seasonal highlights described on this leaflet.

**FANTASTIC FOR BEES!**

**Foxgloves** (*Digitalis purpurea*) are white and purple, tubular, bell-like, wild flowers which can exceed a metre in height. They are an excellent food source for bees. You can see these striking flowers from June to August amongst the woodland.

You are most likely to see the **Tansy Beetle** from April to August along the river. Look out for the shiny green, iridescent shell of the Tansy Beetle. This insect gets its name because its only food source is the Tansy (*Tanacetum vulgare*). The Tansy can be spotted growing along the river banks of Beningbrough. Look out for its vivid yellow, daisy-like, flowers from July to September. It is extremely important that we protect this beautiful insect's habitat, because it can only be found in and around the Vale of York on the banks of the River Ouse.

If you are out for a summer’s evening stroll you might be lucky enough to see bats in flight. You can see some excellent examples of a ‘bat tree’ on the trail. Any tree which has a hollow centre is a great place for bats to roost.

**IN EARLY SUMMER MANY YOUNG FLEDGLING BIRDS ARE LEAVING THEIR PARENTS’ NEST.**

If you happen to see a fledgling on the ground, it is very important not to pick it up and never take it back home! The parents will be watching them on their practice flights. The fledglings often look starkly different from their parents; young Robins, for example, are brown with speckles.

**Be on the look out for butterflies.** Common species which you may see include Brimstone (front cover), Speckled Wood, Peacock, Red Admiral, Small Tortoiseshell, Painted Lady and Cabbage White. Disliked by gardeners, the Stinging Nettle is, however, an excellent food for caterpillars such as the Peacock, Red Admiral, and Small Tortoiseshell caterpillars.