

National Trust

National Trust Cottages Accessibility Guide

Pentireglaze West Cottage Pentireglaze Nr. Polzeath Cornwall



West cottage is on the left of the picture

Cottage Ref: 011037

Introduction

- Pentireglaze West Cottage is approximately five hundred metres from the main visitor hub for Pentire. Facilities which include a cafe with indoor and outdoor seating, parking for cars and bikes, disabled toilets, a changing room, and Trumper hire. There is guidance on local accessible trails for those using buggies, mobility scooters and wheelchairs. More details can be found at: www.nationaltrust.org.uk/pentire Click Facilities / Access
- West Cottage is a stone built, two storey semi-detached cottage with views across the fields to the sea.
- The cottage is situated in an elevated position and enjoys a sunny aspect.
- The cottage is heated by electric eco-radiators and convector heaters. There is an open fire in the sitting room and a heated towel rail in the bathroom.
- In the event of power failure emergency lighting is provided on the landing and in the sitting room.

The accommodation comprises the following:

- **Ground floor:**
 - Sitting room, relatively large dining/kitchen, rear lobby to back door.
 - Bathroom off small inner hallway.
- **First floor:**

- Double bedroom with 5' bed, one medium size single bedroom, one smaller single bedroom.

Pre-Arrival

- See the main webpage for booking and location details.
- Please contact us prior to booking if you have any specific access requirements.
- Directions provided with booking.

Approach

- The approach is via country lanes. The main entry to the site is at a crossroads opposite a campsite. It is the second right turn after the National Trust's Lundy Bay car park. The entrance road leads past the main visitor hub. Pentireglaze West is a semi-detached cottage at the top of the slope beyond The Old Farmhouse, Overhaven, Ranger buildings and the cottage car parking area.

Arrival & Parking Facilities

- To unload and load you can park in the lane in front of the cottage gate. At other times, car parking is just below the cottage. The parking area is not signed. It has a reasonably level surface but there is an uphill walk along the lane or a few steps to climb up from the car park to the cottage.
- There are three gravelled steps to the cottage's garden gate and a slate path takes you to the front porch.
- The key safe is on the wall to the right of the porch door at a height of 1100mm. The key safe is operated by pulling the front cover down and twisting the numbers to the combination and then pressing the sides. The key safe will then open. A torch is recommended, especially if arriving in the dark, as the numbers on the lock can be difficult to see. There is an outside sensor light above the door.



Holiday cottages parking area



The lane below cottage



Steps to garden gate



Path from gate to front door

Getting in (and out) of the cottage

- From the gate there is a gravelled path approximately seven metres long which leads to the porch area.
- There are three steps before porch door, the deepest step measures 180mm.
- There is a low metal up-stand into the porch which has coir floor covering.
- The porch entrance door has a clear opening width of 700mm.
- The light switch for the porch is to the right of the front door at a height of 1300mm.
- Within the porch is a further step at a height of 130mm which takes you to the front door which leads into the sitting room with a clear opening width of 750mm and a wooden threshold of 20mm high x 100mm wide.
- The light switch for the sitting room is on the left-hand side at a height of 1400mm.



Steps into porch and front door



Porch door

Getting around the cottage

Ground floor:

- The sitting room and dining room have stone floors. The bathroom and kitchen are vinyl floor coverings.
- From the sitting room a door opens into a small hallway. From here there is a step with a height of 270mm into the bathroom. This door has a clear opening width of 650mm.
- Minimum clear opening width of internal doors is 700mm.
- Wooden threshold from sitting room into dining area which is 20mm high.
- Floor coverings are flagstone in the kitchen, vinyl in the bathroom.
- There is a threshold of 20mm high from dining area into the kitchen.
- There is a step from the kitchen to the back door which is 200mm high.
- Light switch for landing is at the bottom of the stairs, to the left at a height of 1360mm.

First Floor

- Stairs to first floor are 600mm wide at the narrowest point with a step height of 190mm. There are 14 steps with a turn near the top.
- The handrails are on the right-hand side with a break in the rail on the turn of the stairs where a second handrail covers the final steps. The handrails are at a height of between 710mm to 990mm from each tread.
- Floor covering is carpet.
- Three bedrooms with level access to all.



Looking downstairs from small landing



Looking downstairs from turn on stairs

Sitting Room

- Directly off porch.
- Light switch is just inside the sitting room to the left at a height of 1400mm.
- A further light switch is to the left of the door of the small inner hall at a height of 1370mm.
- Two-seater sofa with a seat height of 450mm and back of 550mm.
- Small Sofa with a seat height of 450mm and a back height of 570mm.
- One armchair with a seat height of 420mm and a back height of 620mm.
- 32"TV. DVD player.
- Central ceiling light, 1 floor lamp and 1 table lamp.
- Stone floor with large rug.
- Open fire.



Kitchen

- Light switch at a height of 1370mm just before step up to back door.
- Seven LED ceiling spotlights.
- The height of the worktops is 910mm from floor level.

- Stainless steel sink with lever taps.
- Integrated single electric cooker with grill, ceramic hob & hood and light above.
- Integrated fridge and separate fridge.
- Integrated washer/dryer.
- Integrated slim line dishwasher.
- Microwave, cordless kettle, toaster,



Dining Area

- Light switch to left of dining room door at a height of 1360mm.
- Ceiling light over table and 1 table lamp on desk with knee clearance of 620mm.
- Circular table with four chairs without arms.
- The table has a knee clearance height of 680mm.
- The chairs have a seat height of 470mm and a back height of 460mm.
- CD/Radio.



Ground floor bathroom

- Light switch is outside the bathroom door to the left at a height of 1370mm.
- Three LED ceiling spotlights.
- Bath with a height of 560mm and length inside bath of 1280mm.
- There are two integral grab rails.
- Electric shower over bath controls at height of 1600mm-1700mm.
- Hand basin with twist taps and a height of 800mm.
- WC with push flush and a seat height of 430mm.
- Mirror with Integrated shaver point, and light above hand basin.
- Ladder electric towel rail and fan heater.



Double Bedroom

- Directly off small landing area at top of stairs.
- Light switch is on the right of the door at a height of 1360mm.
- Central ceiling light.
- 5' double bed with a firm mattress.
- Bed is 1520mm wide, 2000mm long and 650mm high.
- There is no clearance below the bed to the floor.
- Four drawer chest of drawers.
- Built in wardrobe with clothes hanging rail with a height of 1600mm.
- The gap from the window wall to the bed is 500mm.
- The gap at the bottom of bed minimum of 470mm.
- Two bedside cabinets with bedside lights.
- Wall mirror.



Single bedroom

- Directly off small landing area at top of stairs.
- Light switch to the right of the door at a height of 1370mm.
- Central ceiling light.
- 3' Single bed.
- Bed is 900mm wide, 1900mm long and 620mm high.
- Bed positioned against wall facing window with views over countryside and sea.
- The clearance underneath the bed is 300mm at the bottom and 290mm at the side.
- Bedside cabinet with bedside lamp.
- Built in wardrobe with clothes hanging rail with a height of 1600mm.
- Wall mirror.
- Limited circulation space of 450mm from the end of the bed to the window wall.
- Four drawer chest of drawers.



Single bedroom

- Directly off small landing area at top of stairs.
- Light switch is to the left of the door at a height of 1370mm.
- Central ceiling light.
- 3' Iron bedstead.
- Bed is 900mm wide, 1900mm long and 770mm high.
- The clearance underneath the bed is 180mm at the bottom and 360mm at the side.
- Very limited circulation space of 260mm from the end of the bed to the window wall and 360mm-430mm from the side nearest to the wall.
- Built in wardrobe with clothes hanging rail with a height of 1600mm.
- Four drawer chest of drawers.
- Wall mirror.
- Bedside cabinet with bedside lamp.
- Views over countryside.



Garden

- Large, sloping, enclosed garden to front and side of cottage.
- Garden can be accessed from front and back doors.
- The area outside the back door is gravelled.
- Circular wooden table with knee clearance of 660mm and 4 armed wooden chairs with a seat height of 440mm and a back height of 460mm.
- Steps from back door to upper garden area but level access can also be gained to the garden from the rear of the cottage by using the gravelled path along the side of the building.
- Log box in the front of the garden next to the gate.



Steps in garden



Garden furniture



Side path to garden



Upper garden with washing line.

Additional Information

- Assistance dogs are welcome at all our cottages
- In the event of a fire, it is the responsibility of the guests to evacuate themselves. Vibrating fire/smoke detectors are available if requested at time of booking. Please contact us if you have any other specific access requirements in this respect.
- Mobile phone signal is not reliable in the cottage but usually some signal can be found in the car parking area.
- When the Property Office near Overhaven or the Visitor Centre is open, which is across the road from Overhaven access to a telephone may be available for emergencies.
- Carpets are 80/20 wool/manufactured fibres.
- Duvets and pillows are made of hollowfibre.
- Cushions are hollowfibre.

Facilities at all cottages

In addition to the standard equipment and facilities, each cottage is equipped with the following:

- Chair with armrests in sitting room of West Cottage.
- Good reading light
- Non-slip mat for bath/shower
- Information in alternative formats (on request)

We aim to provide these items in all cottages but please check when booking as to their availability and to check if new items have been added to the list.

In West Cottage, please pre-request a large handle vegetable peeler and an easy jar opener.

Specialist equipment

Other specialist equipment such as wheelchairs, bath seats, toilet frames etc may be available for loan or purchase from the local Red Cross loan centre. Please check this out before booking the Cottage and contact us if you require further information.

<https://www.redcross.org.uk/get-help/borrow-a-wheelchair>

<https://www.redcross.org.uk/get-help/hire-a-toilet-aid>

Future Plans to improve Access to National Trust Holiday Cottages

- We are currently in the process of writing accessibility guides for all our holiday cottages and improving access over time for all our guests. All feedback is very helpful in informing us of ways in which we can improve access to all our cottages. We welcome any comments or ideas from you about access at this cottage and thank you for taking the time to do this. Please do this in the most convenient way for you. See contact details below or information on website.

About the Accessibility Guide

- This Accessibility Guide is intended to provide key information about the cottage that may be particularly relevant to guests with disabilities. Please contact us prior to booking if you would like information that is more specific and we will be happy to oblige.

Email: holiday.enquiries@nationaltrust.org.uk

Phone: 0344 800 2070

Access for All at the National Trust

- The Access for All office works to improve access at all National Trust cottages and properties. The office welcomes comments and ideas on improving access.

Phone: 01793 818531

Email: accessforall@nationaltrust.org.uk

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