

National Trust Cottages Accessibility Guide

Bar Lodge

Penrose
Helston
TR13 ORD

Ref: 011057



Introduction

Part of the Penrose Estate, Bar Lodge is a former gatehouse on the coastal footpath from Porthleven to Loe bar. It has had various uses throughout its long history, from being a holiday home in its earliest ownership to serving as a night watchman's post for those seafarers wishing to land illegal trade on the beach below in the 1800s

The cottage is arranged as follows:

Ground floor:

Porch, hall, sitting room, dining room, twin bedroom, kitchen, downstairs shower/WC, door to small yard

Half landing: shower room/WC on one side, bathroom on the other

First floor: double and twin bedrooms and outside terrace.

Pre-Arrival

- See the main webpage for booking and location details.
- Please contact us prior to booking if you have any specific access requirements.
- Directions provided with booking

Arrival & Parking

The cottage is reached via a track marked private which runs through the Penrose estate. There is a gate which is sometimes locked but guests are given the padlock code in advance. The track runs alongside the walled garden of the estate to a T junction where you turn right. Drive alongside the edge of Loe Pool till you reach Bar Lodge about two miles away. This track is used by ramblers and dog walkers and is not lit. Bar Lodge overlooks Loe Beach and the sea. There is a parking space for two vehicles at the side of the building. Do not park in front of the lodge as this might block estate vehicles and other users.



Top row: L-R

Gate to private road into estate

Track to Bar Lodge runs straight ahead alongside the walled garden

T junction where you turn right for Bar Lodge

Bottom row L-R

Track runs towards Loe Pool

After two miles, the track reaches Bar Lodge with magnificent views over Loe Beach and the sea

Parking space to the side of the cottage

Getting in (and out) of the cottage

Bar Lodge has a grand entrance terrace with a balustrade. There are five steps (each 160mm high) from the parking area and two steps up to the front door with double doors leading to a small inner porch. There is an outside light, but we recommend you also bring a torch.



Getting around the cottage

Ground floor

The front double door opens into an inner porch with an additional step up through double doors. The steps are 140mm high. The hall leads through the middle of the house with stairs up to the first floor and doors off to sitting room and twin bedroom on the left and the dining room and kitchen on the right. At the end of the hall is a door on the left to a shower room/WC and a back door to the small rear yard.

Bar Lodge has wooden parquet flooring throughout the ground floor apart from the bedroom, shower room and kitchen.

Hall

- Central heating radiator
- Freestanding shelving unit with table lamp
- Central light
- Wall-mounted coat stand with four hooks.

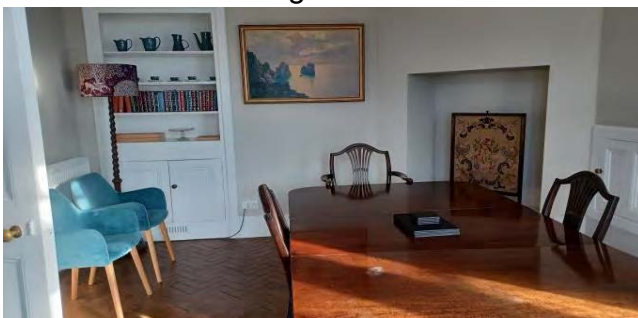
Sitting Room (single aspect)

- Original parquet wood flooring
- Doorway 810mm wide
- Two 2-seater sofas 460mm seat height
- Two leather armchairs 440mm seat height
- Three side tables 630mm high
- Ceiling light with five candle bulbs
- Standard lamp and table lamp
- Wooden trunk 560mm high
- 42-inch TV positioned 760mm from the floor on a built-in wall unit
- Woodburner
- Central heating radiator



Dining room (single aspect)

- Original wood parquet flooring
- Dining table 700mm high x 1200mm wide x 2100mm long
- Six traditional wooden dining chairs with padded seats including 2 chargers, dining chairs 450mm seat height
- Wooden bureau with drawers 1007mm high
- Built in bookcase and two storage cupboards
- Standard lamp
- Table lamp
- Ceiling light with candle bulbs
- Wall mirror
- Central heating radiator



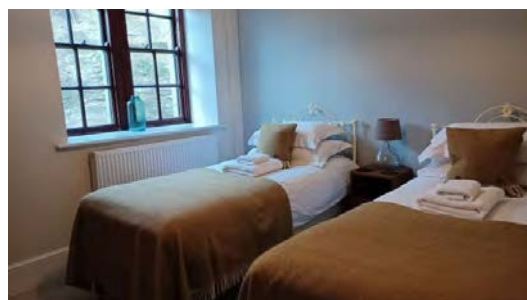
Kitchen (single aspect)

- Terracotta floor tiles
- Built in floor and wall cupboards with white marble effect worktop 900mm high
- Sink with a lever mixer tap
- Built in crockery cupboard
- Wooden breakfast table 760mm high
- Two wooden chairs 460mm seat height
- Freestanding fridge freezer.
- Integrated dishwasher
- Toaster, microwave, kettle, radio
- Central heating radiator
- Please note there is an induction hob at this cottage. It will only work when a suitable pan is placed on the hob. To check if this working, try putting a saucepan of water on the hob. Guests with pacemakers are advised to check with their doctor to ensure there will be no interference with their pacemaker. Guests with pacemakers are also advised to keep a distance of at least 60cm (2ft) from the hob when cooking.



Ground floor twin bedroom (single aspect)

- Fitted carpet
- Central heating radiator
- Two single beds with wrought iron bedsteads 760mm high
- Built-in wardrobe
- Chest of drawers 1240mm high with mirror unit above
- Bedside table 710mm high
- Table lamp and ceiling light



Ground floor shower/WC (single aspect)

- Tile-effect vinyl flooring
- Doorway 730mm wide
- WC 410mm high
- Shower cubicle with electric shower. Step into shower 250mm
- Basin with twist taps 790mm high with mirror, light and shaver socket over
- Heated towel rail

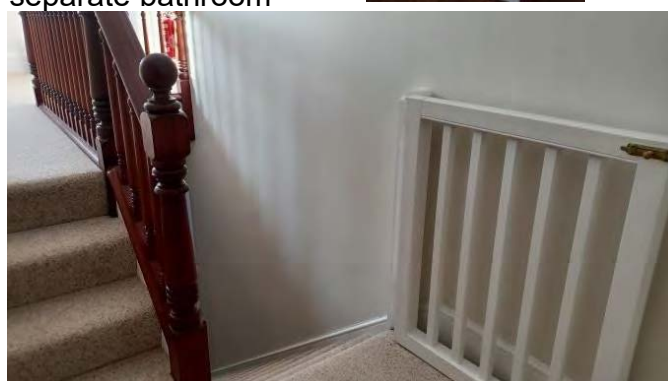


Stairway to half landing and up to first floor

- Fitted carpet
- Handrail on right 840mm high
- Fixed, hinged stairgate on half landing
- There are no stair gates at the bottom of the stairs or on the second landing staircase
- Wooden storage chest
- Window to rear
- Doors to shower room/WC and separate bathroom



Bar Lodge bannisters at this historic property are lower in some areas than others. Please familiarise yourself with the lodge layout upon arrival.



Upstairs shower room/WC (single aspect)

- Vinyl, tile-effect flooring
- WC 460mm high
- Basin with twist taps 840mm high. Mirror, light and shaver socket above
- Shower cubicle with electric shower
- Heated towel rail



Upstairs bathroom (no WC) (single aspect)

- Vinyl tile-effect flooring
- Basin with twist taps 840mm high
- Bath with twist taps and shower attachment. No grips



Half landing to first floor landing

- Fitted carpet
- Handrail on right
- Central heating radiator on top landing
- Doors to bedrooms and door to outside terrace
- Window to front aspect
- High window to rear aspect



Main bedroom (dual aspect)

- Fitted carpet
- Central heating radiator
- Double bed with wrought iron bedstead
- Low dressing table 620mm high
- Chest of drawers 810mm high
- Double freestanding wardrobe with mirror
- Chaise longue 410mm high
- Two bedside tables 810mm high with bedside lamps
- Ceiling light



Twin bedroom (single aspect)

- Fitted carpet
- Two single beds with wrought iron bedsteads
- Chest of drawers 119mm high with freestanding mirror
- Built in wardrobe
- Bedside table with lamp 710mm high
- Central heating radiator



Roof terrace

- Accessed from first floor landing through two bolted doors
- Step onto terrace 60mm high
- Terrace is bordered by a handrail and posts
- There is an undercover seating area with a wooden table (720mm high) and 6 chairs
- Seat cushions stored in outside storage unit
- Two large benches
- Four hand-held lanterns are stored on the landing
- Young children and vulnerable people must be supervised when using the terrace.



Downstairs external boiler room

- This room is open to guests so that they can use the washer/drier.
- The room houses the controls for the air source heat pump which are locked to guests.

Rear yard

- Door from hall to small yard with recycling bins and log store
- Two gates which can only be opened from the inside by occupants of the cottage

Additional Information

Facilities at all cottages

The National Trust aims to expand the list of accessible /equipment/items available at each cottage and these may include

- Cordless kettle
- Hollowfibre bedding
- Chair with armrests
- Good reading light
- Large handle vegetable peeler
- Easy tin opener
- Non-slip mat for bath/shower
- Non-slip place mat
- Easy jar opener
- Information in alternative formats (on request)

Please note that we cannot guarantee that all items will be available at the time of your visit. Please enquire at the time of booking regarding any particular requests.

Specialist equipment

Other specialist equipment such as wheelchairs, bath seats, toilet frames etc may be available for loan or purchase from the local Red Cross loan centre. Please check this out before booking the Cottage and contact us if you require further information.

<https://www.redcross.org.uk/get-help/borrow-a-wheelchair>

<https://www.redcross.org.uk/get-help/hire-a-toilet-aid>

Future Plans to improve Access to National Trust Holiday Accommodation

- We are currently in the process of writing accessibility guides for all our holiday cottages and bunkhouses and improving access over time for all our guests. All feedback is very helpful in informing us of ways in which we can improve access. We welcome any



comments or ideas from you about access at this cottage and thank you for taking the time to do this. Please do this in the most convenient way for you. See contact details below or information on website.

About the Accessibility Guide

- This Accessibility Guide is intended to provide key information about the accommodation that may be particularly relevant to guests with disabilities. Please contact us prior to booking if you would like information that is more specific and we will be happy to oblige.

Email: holiday.enquiries@nationaltrust.org.uk

Phone: 0344 8002070

Access for All at the National Trust

- The Access for All office works to improve access at all National Trust accommodation and properties. The office welcomes comments and ideas on improving access.

Phone: 01793 818531

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