

National Trust Cottages Accessibility Guide

Mowhay
Gwendra
Veryan
TR2 5PF

Ref: 011083



Introduction

- Mowhay is a two-storey cottage located above Pendower beach.
- Mowhay is one of 5 National Trust holiday cottages at Gwendra.
- Many of the rooms face have sea views.
- The cottage has night storage heating, a multifuel stove and oil filled portable heaters.
- There is a washer/dryer in the cottage.
- The land immediately around the cottage is flat, however the Gwendra site and access to the beach is hilly.

The Cottage is arranged as follows:

The sitting room, kitchen/diner, hall, shower room with lavatory are on the ground floor. The bedrooms, bathroom and a further lavatory are on the first floor.

Pre-Arrival

- See the main webpage for booking and location details.
- Please contact us prior to booking if you have any specific access requirements.
- Directions provided with booking.
- Please bring a torch.

Approach

- The cottage is approached via country lanes and sign posted Veryan followed by Nare Hotel.

Arrival & Parking Facilities

- The site is accessed by a fairly steep downward-facing concrete and grass track with speed bumps.
- Parking is in the carport which is shared with Dairy cottage and Gwendra Wartha. There is space for a second car directly outside the cottage.
- There is one designated marked parking place in the car port at the bottom of the driveway. The width of this space is 2.3m, length is 5m and the height is 1.9m. Care should be taken when moving around the car port as there are low beams at a height of 1.7m.
- The distance from the carport to the cottage is approximately 18m.
- The carport has a level concrete surface.
- The path leading to the cottage is flat, level and firm gravel.

- Directly outside the main door the gravel path slopes to a slate area.
- The key safe is on the left-hand side of the door at a height of 1320mm ffl (from floor level). It is operated by a combination lock mechanism.
- There is an outside light over entrance.



L-R

*Entrance to site with car port at the bottom of drive. The path to Mowhay is to the right of the car port
The front door of Mowhay*

Getting in (and out) of the cottage

- The main door has a clear opening width of 1060mm.
- There is a 160mm high stone step followed by a further stone step and threshold of 200mm high into the cottage.
- The door leads directly into the hall.
- There is a further door from the kitchen leading to the outside which has a clear opening width of 730mm. It leads onto a 3m long narrow gravel path (450mm wide in places) into the garden

Getting around the cottage

- There is a vinyl floor covering in the kitchen, bathroom, shower room and lavatory.
- There is a wood floor in the sitting room and hall.
- There is carpet in the bedrooms, landing and stairs.
- There is level access throughout each floor.
- Internal doors clear opening widths range from 650mm – 670mm.
- There are 11 stairs leading to the first floor with a wooden handrail.
- The landing narrows to 750mm in places.

Ground Floor

Sitting Room

- The sitting room is approached from the hall.
- The sitting room door is a fire door.
- There are windows to the front and side with sea views.
- There are wall lights, a table lamp and standard lamp.
- There is a multi-fuel stove.
- There are three sofas with a seat height of 505mm, depth 600mm and length 1260mm or 1550mm. All have cushions.
- There is a desk with a height of 770mm and a wooden chair with a seat height of 430mm
- There is a TV and DVD player.
- There is a radio.



Kitchen/Diner

- Directly off the hall.
- There is a 30mm slope in floor level from the hall to kitchen
- The kitchen door is a fire door.
- The height of worktop is 920mm.
- There is an electric cooker with an induction hob with controls to front and top which is 920mm high.
- There is a fridge freezer, dishwasher, washer/dryer, microwave, cordless kettle and toaster.
- There are eight ceiling spotlights and under cupboard lighting.
- There is a dining table and six chairs.
- The table has knee clearance of 580mm. The dining chairs are 460mm high.
- There is a door leading to the outside.



Shower Room

- The shower room is directly off the hall.
- There is a shower cubicle 870mm x 760mm with an electric shower. The entrance to the shower is 450mm wide.
- The gap between the heated towel rail and shower cubicle is 440mm.
- The WC is 430mm high.
- The basin is 780mm high.
- There is a central ceiling light fitting and back lit mirror with a shaver socket.
- There are shelves at a height of 1090mm & 1400mm.
- There is a heated towel rail



First Floor

Bathroom

- The bathroom is off the landing.
- The bath is 1420mm long 720mm wide with hand grips. The height of the bath is 625mm.
- There is a mains fed shower above the bath.
- The basin is 800mm high.
- The WC is 420mm high.
- There is a back lit mirror above the basin.

- There is a separate shaver socket.
- There are 3 recessed spotlight fittings in the ceiling.
- There is a heated towel rail.
- There is a window.
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Lavatory

- The WC is 420mm high.
- The basin is 830mm high.
- There is a central ceiling light fitting and shaver light.



Double Bedroom

- The double bedroom is off the landing.
- There is a centralised double bed 1530mm wide x 1900mm long x 650mm high.
- The clearance underneath the bed is 350mm.
- There are two bedside table with heights of 660mm & 765mm with table lamps.
- There is a wardrobe with a clothes rail at 1450mm ffl.
- There is a chest of drawers at 920mm high.
- There is also a central ceiling light.
- There are windows to the front and side with garden and sea views.



Double bedroom with one window overlooking lawns and the other looking over the sea

Twin Bedroom

- There is a twin bedroom off the landing next door to the double bedroom.
- There are twin beds 900mm wide x 1970mm long x 600mm high.
- The clearance underneath the beds is 215mm.
- The beds are zip and link so can be two single beds or one super king bed.
- There are two pot cupboards beside the beds with a height of 650mm
- There is a wardrobe with a clothes rail at 1450mm ffl.
- There is a chest of drawers at a height of 820mm.
- There is a central ceiling light and one table lamp.
- There are views over the garden and sea.



Twin Bedroom

- The second twin bedroom is off the hall next to the bathroom and lavatory.
- There are twin beds 900mm wide x 190mm long x 660mm high.
- The clearance underneath the beds is 35mm.
- There beds are divided with a bedside table which is 620mm high.
- There is a chest of drawers with a height of 920mm
- There is a central ceiling lighting and one table lamp.
- The window looks out to the gardens.



Garden

- The garden is sloping, open and shared with the other cottages.
- There is plenty of space and lawns.
- There is a patio area for Mowhay cottage with a wooden table with fixed bench seats and 2 armchairs.
- The distance from the flagged patio area to the kitchen door is 10m.



L-R

Path from kitchen exit

Patio and picnic table overlooking the sea

Below:

View from front door



Additional Information

- Assistance dogs are welcome at all our cottages
- In the event of a fire, it is the responsibility of the guests to evacuate themselves. Vibrating fire/smoke detectors are available if requested at time of booking. Please contact us if you have any other specific access requirements in this respect.

Facilities at all cottages

The National Trust aims to expand the list of accessible /equipment/items available at each cottage and these may include

- Cordless kettle
- Hollowfibre bedding
- Chair with armrests
- Good reading light
- Large handle vegetable peeler
- Easy tin opener
- Non-slip mat for bath/shower
- Non-slip place mat
- Easy jar opener
- Information in alternative formats (on request)

Please note that we cannot guarantee that all items will be available at the time of your visit. Please enquire at the time of booking regarding any particular requests.

Specialist equipment

Other specialist equipment such as wheelchairs, bath seats, toilet frames etc may be available for loan or purchase from the local Red Cross loan centre. Please check this out before booking the Cottage and contact us if you require further information.

<https://www.redcross.org.uk/get-help/borrow-a-wheelchair>

<https://www.redcross.org.uk/get-help/hire-a-toilet-aid>

Future Plans to improve Access to NT Holiday Cottages

- We are currently in the process of writing Accessibility Guides for all our holiday cottages and improving access over time for all our guests. All feedback is very helpful in informing us of ways in which we can improve access to all our cottages. We welcome any comments or ideas from you about access at this cottage and thank you for taking the time to do this. Please do this in the most convenient way for you. See contact details below or information on website.

About the Accessibility Guide

- This Accessibility Guide is intended to provide key information about the cottage that may be particularly relevant to guests with disabilities. Please contact us prior to booking if you would like information that is more specific and we will be happy to oblige.



Email: holidayenquiries@nationaltrust.org.uk

Phone: 0344 8002070

Access for All at the National Trust

- The Access for All office works to improve access at all National Trust cottages and properties. The office welcomes comments and ideas on improving access.

Phone: 01793 818531

Email: accessforall@nationaltrust.org.uk

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