

# **National Trust Cottages Accessibility Guide**



Nightjar Dunwich Heath, Suffolk, IP17 3DJ

#### Introduction

This ground floor 1 bed apartment benefits from the wonderful cliff-top location for views across the heath towards the sea. This National Trust property also offers a pre-booked PMV –Power Motored Vehicle, for loan to explore the local area. A NT tea-room, which is wheelchair accessible, is also located here. The apartment has access from the east side and a partially screened small courtyard area outside with metal table and chairs. Level access is provided at the rear of the property to parking facilities which are a 3-5-minute walk. The apartment is open plan with a well-equipped kitchen and comfortable accommodation to ensure warm and relaxing holidays in all seasons.

The Cottage is arranged as follows:

## **Ground Floor**

Level access entry point with wide front door opens into the ground-floor apartment and the kitchen/dining/living area which opens into the sleeping area (1 twin or Super king double) and large separate shower room with lavatory. An alternative (non-accessible) door behind the bed leads onto the shared garden area and a west facing view. The shower-room leads from the sleeping area.

#### **Pre-Arrival**

- See the main webpage for booking and location details.
- Please contact us prior to booking if you have any specific access requirements.
- Directions are provided with your booking.



# Approach

There is a long drive with speed bumps over heathland to Dunwich Heath. Surrounding landscapes are gently undulating but are generally level. All surfaces will be contingent on weather conditions.

- Paths are firm and level (compacted gravel and stone) paved in some areas leading to the carpark, and near the apartment is the information hut and tea-rooms.
- There is also an additional wheelchair accessible lavatory (next to the NT Tea-room) at the right of the apartment.

# **Arrival & Parking Facilities**

A small parking area is found opposite the apartments and just off the approach road 200 m away. The area is marked. Guests can park here and if required can droppassengers/luggage off to the rear entrance. Suggest any disabled guests are dropped off once the location of the east step-free entrance has been established (shop side). The parking area is not ground marked and may be muddy/dusty from time to time. There are also marked bays for Blue Badge holders at the rear of the property nearer to the accessible entrance (shop side). These bays are 50 paces from the apartment.



# Getting in (and out) of the cottage

- Guests will enter using the blue half glazed front door to the left of the tearoom indicated with overhead light and key safe to the left-hand side.
- This door is 900mm wide, 1900mm high and with a 40mm sill via a slightly ramped (23cm rise) step free entry point. Ramp is 160cm wide with rubber slip resistant matting. Lever door handle 800mm.
- The key-safe is 1m high to the middle. Controls are by barrel key numbers and can be difficult to see and to use.

## Getting around the cottage

#### **Ground floor:**

- Slight ramped approach to entrance to the main door. Doors are generally more than 750mm wide.
- No thresholds and no steps in the internal spaces
- Laminate wood effect flooring throughout the living/kitchen/bedroom area
- Lino floor to shower room
- Doors are very easy to open



## Kitchen/diner/sitting-room area

- Back door width 770mm wide. Weather mat outside with boot mat inside,
- Height of worktop is 940mm to top
- Fridge with small Freezer compartment
- Cordless kettle
- Microwave with clear controls
- Free standing electric cooker with halogen hob. Very clear controls.
- Secondary glazing to all windows
- 2 arm-chairs height at 490mm to cushion (Firm)
- Wall mounted TV in the living area
- Dining table height of 770mm to table top 640mm to underside of fascia board
- Kyros Rointe Electric Radiators

### Sleeping area

 Divan frame beds (two singles which can join as a super king bed) Height 600mm and 540mm to top of bed.



- 2 x 3 drawer chest 600mm height
- Kyros electric radiator and convector heater
- Bed-side lights next to beds (Good illumination)

#### Ground floor Shower-room 2970mm x 1620mm



- Straight approach into the shower room.
- Door 870mm wide with 20mm slope into bathroom.
- Hand-Rinse sink at 740mm from floor with taps at 800mm
- High level cistern to the WC which is 470mm high to the seat and is mounted on a small timber plinth.
- Drop-down rail beside WC
- Appropriate support rails are in place
- Wall mounted shower seat in front of frosted window at 510mm from floor. No arms.
- Full length shower curtain to shower room window
- Mira Advance thermostatic electric shower with very clear numerals. Long riser bar and long hose
- Self-propelling shower chair with hygiene seat. (bariatric)

#### Patio

 Metal table and 4 metal wing chairs on a firm and level private patio with reasonable circulation space.



#### **Additional Information**

- Assistance dogs are welcome at all our cottages
- In the event of a fire, it is the responsibility of the guests to evacuate themselves. Vibrating
  fire/smoke detectors are available if requested at time of booking. Please contact us if you
  have any other specific access requirements in this respect.

# Facilities at all cottages

The National Trust aims to expand the list of accessible /equipment/items available at each cottage and these may include

- Cordless kettle
- Hollowfibre bedding
- Chair with armrests
- Good reading light
- Large handle vegetable peeler
- Easy tin opener
- Non-slip mat for bath/shower
- Non-slip place mat
- Easy jar opener
- Information in alternative formats (on request)

Please note that we cannot guarantee that all items will be available at the time of your visit. Please enquire at the time of booking regarding any requests.

# Specialist equipment

Other specialist equipment such as wheelchairs, bath seats, toilet frames etc may be available for loan or purchase from the local Red Cross loan centre. Please check this out before booking the Cottage and contact us if you require further information. http://www.redcross.org.uk/standard.asp?id=89425

# Future Plans to improve Access to National Trust Holiday Accommodation

 We are currently in the process of writing accessibility guides for all our holiday cottages and bunkhouses and improving access over time for all our guests. All feedback is very helpful in informing us of ways in which we can improve access. We welcome any comments or ideas from you about access at this cottage and thank you for taking the time to do this. Please do this in the most convenient way for you. See contact details below or information on website.

# **About the Accessibility Guide**

• This Accessibility Guide is intended to provide key information about the accommodation that may be particularly relevant to guests with disabilities. Please contact us prior to booking if you would like information that is more specific and we will be happy to oblige.

Email: cottages@nationaltrust.org.uk

Phone: 0344 8002070



## **Access for All at the National Trust**

• The Access for All office works to improve access at all National Trust accommodation and properties. The office welcomes comments and ideas on improving access.

Phone: 01793 818531

Email: accessforall@nationaltrust.org.uk

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