



National
Trust

What to Wear

What to wear on outdoor-based school visits

T-shirt (long-sleeved in cooler weather)

Warm jumper

Waterproof coat

Long trousers (e.g. joggers or leggings)

Waterproof trousers (if you own some)

Wellington boots (with 2x pairs socks)

Warm hat, gloves, scarf (can carry in your bag)

Top Tips:

- ✓ *Multiple thin / medium layers are better than fewer thick / bulky layers*
- ✓ *Avoid denim jeans (uncomfortable if wet)*
- ✓ *Bring an extra jumper in your bag (it can be much colder up in the hills than in town)*
- ✓ *For trips where you'll be outside all day, carry your lunch, snacks, water bottle, and spare clothing in a rucksack-style bag, and pack an empty carrier bag to sit on at lunchtime*



If you don't have wellington boots, then sturdy waterproof boots (or sturdy shoes) would be fine for most visits. Ask your teacher if unsure!



In summer, don't forget a sunhat, sun cream and insect repellent