



Orienteering at Carding Mill Valley

The long and technical course

Approximately 2¾ kilometres long
with 135 metres total climb.

Orienteering is fun, family-friendly and suitable for almost every age. For children in particular, it promotes independent decision-making and self-reliance, as well as getting them out in the fresh air to burn off some energy.

Carding Mill Valley, Church Stretton, Shropshire
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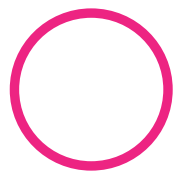
What to do:

You can either follow the suggested course or just wander around with the map and see what posts you can find. This is how to follow the long and technical course:



The start

Firstly, find the start and finish post, marked number 28 on the eastern corner of the car park.



The controls

In an anti-clockwise direction, find your way to each numbered control post on the course. The lines show the correct order. Use paths and landscape features to guide you. As you go, note down the code letter on each post in the highlighted box.



The finish

The finish is back where you started. Why not try following the same course backwards for a different challenge.

Terrain

The course follows natural pathways and mixed terrain and can be muddy and slippery, so please wear appropriate footwear. Some sections are steep too.

An Orienteering control post



Handy tip

The posts on which the control markers sit are all positioned to face north. This can help you position your map if you do not have a compass with you.

Ready for more?

If you have enjoyed Orienteering at Carding Mill Valley and would like to do it again somewhere else, then Harlequins and Wrekin, your local Orienteering clubs, have lots of other Permanent Orienteering Courses.

Please feel free to contact your friendly local teams:



www.Harlequins.org.uk



www.WrekinOrienteers.co.uk

Carding Mill Valley challenge

scale 1:5000

contour 5m



WREKIN ORIENTEERS

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 BOF Registration WM-07-623
 Grid Reference SD442948
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 Cartography Tony Callow (OCAD 8.0)
 Printed Map Copyright Wrekin Orienteers

- surfaced
- open grass
- rough open
- scattered trees
- trees
- trees : walk
- trees : fight
- light / heavy gorse
- private gardens
- streams
- pond
- marsh
- spring
- dam

- track
- path
- fence, gate
- contours
- earthbank
- small knolls
- crags, rock
- telegraph pole
- helpers

- post
- manhole
- bench
- trees: large, small
- footbridge
- steps

0 50 100 150 200m
 1cm on the map = 50m

Possession of this map does not imply right of access to the area, for Orienteering or for any other purpose. Permission must be obtained from the landowner.

1	2	3
4	5	6
7	8	9
10	11	12
13	14	15
16	17	18
19	20	21
22	23	24
25	26	27
28	29	30
start/finish		