



# Escape from it all



Fed up of busy beaches?

Can't face another noisy attraction or teeming tourist trail?

Then it's time to find peace and tranquillity in one of North Devon's unspoilt wilderness areas.

They are not as far away as you might think...

## Walk the Ilfracombe Torrs circular walk

### Why do it?

Because you're desperate to get away from the crowds in Ilfracombe – and walk off a few cream teas. This circular walk takes you up the magical zig-zag path to the cliff top, along the coast path then back through Langleigh Lane and Upper Torrs Park Road. Amazing views over Ilfracombe and the sea.

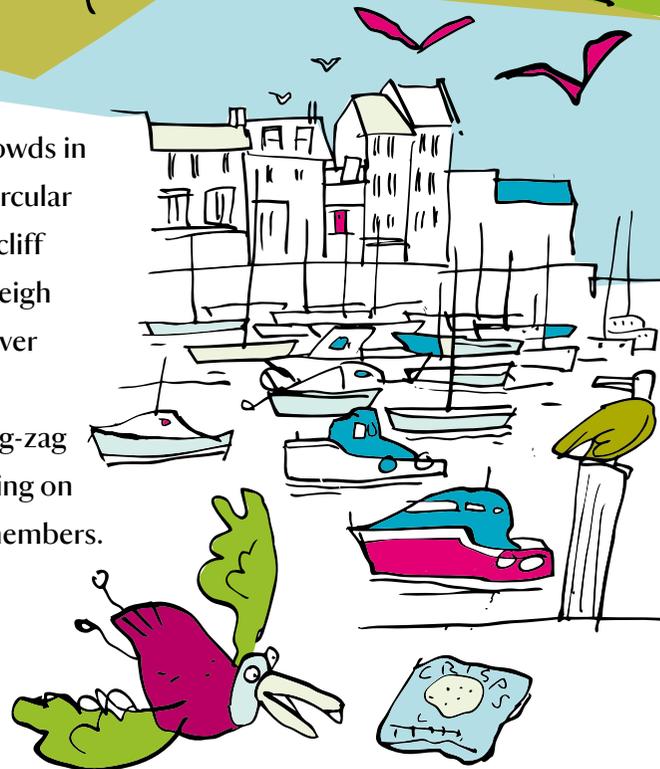
**Family fun:** children will love to race you up the zig-zag path to the summit. You have the option of returning on the shorter route for younger or less agile family members.

**Terrain:** hilly with narrow footpaths.

**Length:** full walk 2 miles, or short walk 1 mile

**Start from:** National Trust car park (free)

[Download the route here](#)



## Kinever Valley to Bennett's Mouth circular walk

### Why do it?

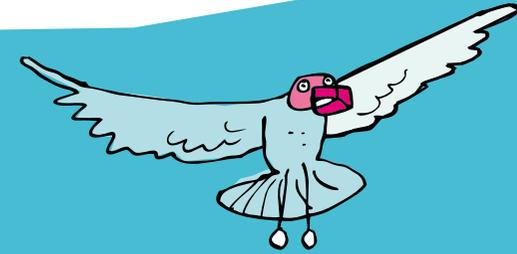
Because it's a fantastic secluded valley where hardly anyone else goes. Follow streams, cross rustic bridges and reward yourself at the end with a paddle in the stream at Bennett's Mouth. In spring, look out for strings of toad spawn in the pools at Bennett's Mouth and the valley sides are awash with primroses.

**Family fun:** don't miss the chance to play Pooh sticks or enjoy a paddle.

**Terrain:** track and footpaths with undulating terrain, a few steep climbs on the way back. **Length:** 3 miles / 4.8 km

**Start from:** Morteheo Village car park (not National Trust, fee payable)

[Download the route here](#)



## Walk around Wistlandpound Reservoir

### Why do it?

Because it's a lovely shimmering reservoir surrounded by dappled woodland. You can take a quiet stroll, go fishing or watch the waterside wildlife.

**Family fun:** Try a family fitness challenge. The exercise trail around the reservoir has activities for all the family including wheelchair users.

**Terrain:** mainly flat and suitable for all users

**Length:** two trails, 1.5 miles and 1 mile

**Start from:** Wistlandpound car park (fee)

**Contact:** call 01598 763 706 or visit [www.discoverwistlandpound.org.uk](http://www.discoverwistlandpound.org.uk) or email [info@discoverwistlandpound.org.uk](mailto:info@discoverwistlandpound.org.uk)



Discover Wistlandpound is a partnership project between the Calvert Trust Exmoor, Forestry Commission and South West Lakes Trust

## Walk along Woolacombe Down

### Why do it?

Because you want to leave behind the busy beach at Woolacombe and take in the spectacular coastal views. Instead of listening to people and traffic, all you'll hear are the songs of birds including the stonechat – which sounds like two pebbles being banged together.

**Family fun:** Kids will enjoy watching the wildlife – including the ant-like people on the beach below. If the youngsters will whinge about the full Woolacombe Down walk, try the shorter Potter's Hill walk instead.

**Terrain:** steep climbs along footpaths and tracks.

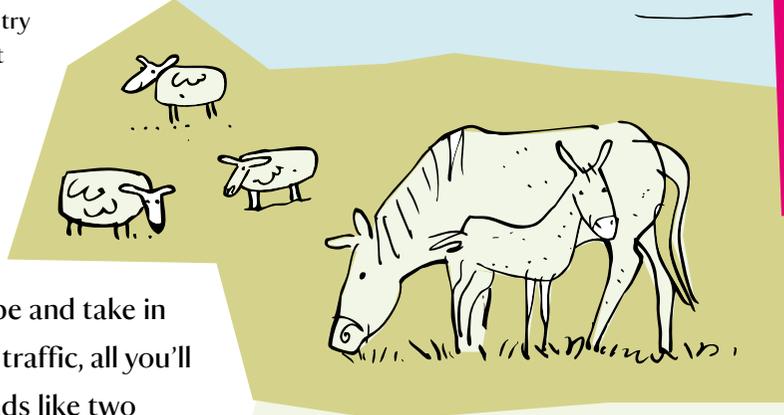
**Length:** 3 miles / 4.8 km

**Start from:** car park on Marine Drive, Woolacombe (not National Trust, fee payable)

[Download the route here](#)



Photo credit: Fay Langston



## Cycle along Lighthouse Road to Bull Point

### Why do it?

Because you want to cruise on your bike along a quiet road overlooking a secluded valley. When you reach Bull Point and look down at the rocky coastline and crashing seas, you'll understand why a lighthouse was needed here.

**Family fun:** good for younger cyclists, not yet ready for busy roads or serious mountain biking

**Terrain:** route starts on a quiet road, then follows a private road to the headland. Mainly flat. The tractor and trailer service from Morteohoe uses the road on Tuesdays in summer.

**Length:** 2.75 miles / 4.4 km

**Start from:** Morteohoe village car park (not National Trust, fee payable)

[Download the route here](#)



## Lose yourself on the Wilderness Walk at Arlington Court

### Why do it?

Because you want to lose yourself in the peace and tranquillity of unspoilt North Devon. Take a walk that is teeming with wildlife and birdlife, yet also steeped in history. This walk was part of the original carriage drives through Arlington's estate.

**Family fun:** when you reach the bird-hide there are activity packs to use. Borrow our binoculars to spot birds and other wildlife.

**Terrain:** steep in parts, mostly wide trackways, can be muddy in places.

**Length:** 1.75 miles / 3 km

**Start from:** outside the tearoom (where there are also toilets)

[Download the route here](#)

Check out [Arlington's webpage](#) for more information

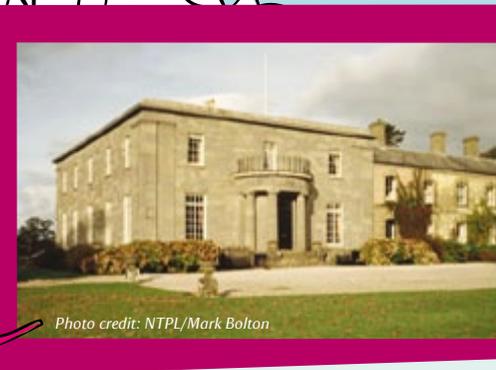


Photo credit: NTP/Mark Bolton