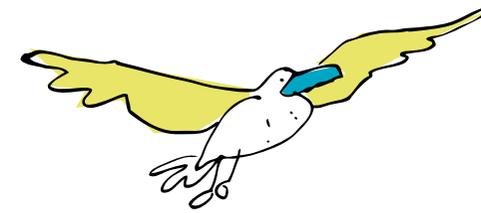


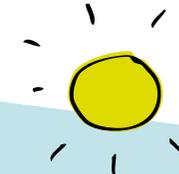
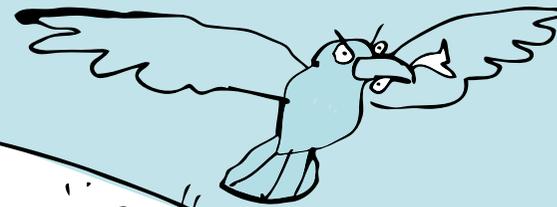
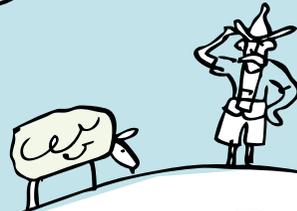


# Extreme adventures

Are you and your family ready for action? Here are some suggestions for high-adrenalin activities and adventures for everyone from toddlers to teenagers and adults too. The only question is, **how extreme can you go...?**



National Trust



## Climb a mini mountain: Potters Hill

Okay, it might not seem like a mountain to you, but for younger children Potter's Hill is just as exciting as Everest. Let them lead you up the winding path from Marine Drive (keep bearing left). Who can get to the stone cairn at the summit first? Get the kids to put a stick or stem as a marker flag, or place some fallen stones on the cairn. Why not take a picnic to eat while taking in the spectacular coastal views.

**Length of walk:** 0.75 miles / 1.2 km

**Terrain:** steady ascent up narrow footpath

**Start from:** Marine Drive, Woolacombe (not National Trust, parking fee applies)

[Download the route here](#)



## Go for a harder hill hike: Woolacombe Down

If Potter's Hill isn't extreme enough for your family, why not go for a harder hike over Woolacombe Down? Who can get to the top without stopping? Listen for the call of the stonechat, which sounds just like two pebbles being banged together. Watch for the tough Exmoor ponies which graze on coarse grasses and help to conserve the heathland.

**Length:** 3 miles / 4.8 km

**Terrain:** steep climbs along footpaths and tracks.

**Start from:** Marine Drive, Woolacombe (not National Trust, parking fee applies)

[Download the route here](#)

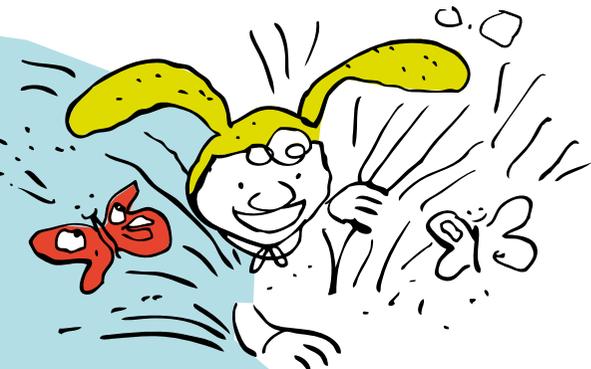
## Get lost in the dunes: Woolacombe Warren

Sand dunes fringe the beach at Woolacombe. They are called Woolacombe Warren – and they really are like a huge rabbit warren. Younger children will love hopping along the tunnel-like paths, hiding in hollows and peeking out from behind tufts of vegetation. Get older kids to imagine the dunes being used for invasion training during the Second World War. How would they use the landscape to their advantage? Divide into groups and practise your ambush and attack manoeuvres.

**Terrain:** narrow, sandy paths

**Location:** Marine Drive, Woolacombe (not National Trust, parking fee applies)

[Download the route here](#)



## Pedal power for beginners: Morteheo to Bull Point

It might not be the Tour de France, but this easy cycle ride is a perfect way to get less-experienced cyclists to try out their pedal-power. The route starts on a quiet road, then you follow a private lane to Bull Point. This rocky headland is pummelled by crashing seas – an inspirational place to have a picnic and share stories of smugglers and wreckers.

**Length:** 2 ¾ miles / 4.4 km

**Terrain:** route starts on a quiet road, then follows a private road to the headland. Mainly flat.

**Note:** the tractor and trailer service uses the road on Tuesdays in summer.

**Start from:** Morteheo car park (not National Trust, parking fee applies)

[Download the route here](#)

## Become an explorer at Baggy Point

Borrow a tracker pack from the car park hut at Baggy Point. The pack includes binoculars, a compass, spotter charts and activity sheets. Who can get top points in your family by spotting the rarest creatures such as the grey seal, kestrel or shag? Can the youngsters navigate you around using a compass? Who can work out the direction of the wind?

**Length:** one hour round trip, longer walks possible

**Terrain:** starts on a quiet lane, then only footpaths with a gentle climb.

**Note:** paths close to sea cliffs.

**Start from:** Baggy Point National Trust car park on Moor Lane, Croyde.



Photo credit: National Trust / Arthur Klein

## Go to surf school

For a really extreme adventure, hit the surf beaches in North Devon. It's an ideal way to keep teenagers happy, and adventurous adults too.

**Location:** Croyde and Woolacombe

**Contact details:**

**Croyde** [www.pointbreaks.com](http://www.pointbreaks.com)

01271 813 344 / 07776 148 679

**Woolacombe** [www.huntersurf.com](http://www.huntersurf.com)

01271 871061

**Surf forecast:** [www.eyeballhq.tv](http://www.eyeballhq.tv)



## Harness horse-power

Whether galloping along beaches, hacking across hills or following bridleways through wooded valleys, horse riding is an ideal way to experience the coast and countryside.

Horse riding lessons and treks are available for people of all ages.

**Location:** Eastacott Farm, Woolacombe

**Contact details:** 01271 870 260

[www.woolacombe-ridingstables.co.uk](http://www.woolacombe-ridingstables.co.uk)



### Please note:

Activities on this page are not run by the National Trust, nor do we endorse their credentials. You will have to check the details and decide whether you feel they are suitable for your family.



Photo credit: NTP / Ben Selway

## Have a wild and wet time coastering

Watersports don't come much more extreme than coastering. It involves travelling along the coastline by swimming, scrambling over rocks, climbing cliffs – and occasionally plunging into the sea from great heights. You can explore caves and have close encounters with marine creatures. It is ideal for families with children over 8 years.

**Location:** Baggly Point National Trust car park, Croyde

**Contact details:** [www.pointbreaks.com](http://www.pointbreaks.com)

01271 813 344 / 07776 148 679 or

[www.southwestoutdoors.co.uk](http://www.southwestoutdoors.co.uk)

08453 880 037 / 07828 912 546