East of England

Anglesey Abbey, Gardens and Lode Mill

Quy Road, Lode, Cambridge, Cambridgeshire CB25 9EJ

T 01223 810080 F 01223 810088
E angleseyabbey@nationaltrust.org.uk

Glorious Jacobean-style house with an eclectic collection, within outstanding gardens with a working watermill

Parking separate parking, 50 yards. Transfer available

Accessible toilet at visitor centre and near house

House Three steps to entrance. Alternative accessible entrance, to view two rooms. Stairs to other floors. Mill: Access to lower floor only, ramp available


Other features Handling items are available in the house and a selection of objects suitable to touch. Volunteers will be happy to give guidance. The garden is full of delicious scents, textures and the sounds of wildlife
Blakeney National Nature Reserve

An extensive area of saltmarsh, vegetated shingle, dunes and grazing marsh

**Note** Access can be difficult because of the uneven terrain and the tides. There is a shingle ridge to cross, also affected by the tides. Ferries available (not National Trust). All quayside car parks may be flooded by the tide

**Morston Quay Information Centre**

**Lifeboat House and toilets**

**Parking** Limited parking adjacent to Morston Quay Information Centre. Lifeboat House only accessible via private ferry and by crossing shingle ridge

Blickling Estate

Magnificent Jacobean house with gardens and park

**Grounds**

**Parking** separate parking, 100 yards. Drop-off point

**Accessible toilet** in main car park, East Wing and by plant centre
**Building** Ramped entrance. Two wheelchairs. Ground floor accessible. Stairs with handrail to first floor (lift available), basement rooms and document room

**Grounds** Gravel paths. Map of accessible route. Two seated walking frames. Three single-seater powered mobility vehicles. **Park**: circular route suitable for wheelchairs, 2 miles

**Other features** Fountains, scented plants and an audio presentation in house and gardens

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**Bourne Mill**

![1936]

Bourne Road, Colchester, Essex CO2 8RT

**T** 01206 572422 **E** bournemill@nationaltrust.org.uk

Picturesque watermill with working waterwheel

![Building] ![Grounds]

**Parking** all parking is close to building

**Building** Path to entrance and ground floor with ramps available for main threshold. Stairs to other floors

**Grounds** Grassy paths and slopes, some steps
Brancaster Estate

Car Park, Beach Road, Brancaster, Norfolk P31 8AX

T 01263 740241 F 01263 740241
E brancaster@nationaltrust.org.uk

Extensive coastal area famous for wild birds

Grounds

Parking limited parking at Brancaster Staithe. Parking areas liable to tidal flooding

Grounds Undulating terrain and soft sand on entrance leading to Brancaster beach

Brancaster Millennium Activity Centre

Dial House, Harbour Way, Brancaster Staithe, Norfolk PE31 8BW

T 01485 210719 E brancaster@nationaltrust.org.uk

Activity and learning centre for adults and children

Parking limited parking at the centre

Coggeshall Grange Barn

Grange Hill, Coggeshall, Colchester, Essex CO6 1RE

T 01376 562226 E coggeshall@nationaltrust.org.uk

13th-century monastic barn
Parking in main car park
50 metres from the barn
Accessible toilet next to barn
Building Level entrance.
   Ground floor accessible
Grounds Mostly grass and
   hard surfaced car parking
   area
Other features Structure,
   including main aisle
   posts. Examples of joints used in the barn’s construction.
   Handling collection of woodcarvings

Dunstable Downs, Chilterns Gateway Centre and Whipsnade Estate

Whipsnade Road, Dunstable, Bedfordshire LU6 2GY
T 01582 500920 F 01582 500935
E dunstabledowns@nationaltrust.org.uk

Extensive chalk and grassland Area of Outstanding Natural Beauty

Parking in main car park, 20 yards

Chilterns Gateway Centre Level entrance. Level access to visitor centre

Grounds Steep slopes, grass and uneven paths, undulating terrain, multi-user route
Dunwich Heath: Coastal Centre and Beach

Dunwich, Saxmundham, Suffolk IP17 3DJ

T 01728 648501 E dunwichheath@nationaltrust.org.uk

Coastal lowland heath sandy cliffs and beach, rich in wildlife, offering tranquillity and excellent views

Tea-room and gift shop

SeaWatch building

Grounds

Parking two reserved parking spaces, about 60 yards from tea-room and gift shop. Drop-off point. Wheelchair available for transfer to tea-room and gift shop

Accessible toilet immediately outside Coastguard tea-room with RADAR lock

Tea-room and gift shop Level entrance but ground floor has small rooms with very limited turning space. One wheelchair available. Stairs to other floors

Grounds Accessible routes but with slopes, undulating terrain, and uneven paths with some soft sand. Map of accessible route. Car park viewing point. One single-seater powered mobility vehicle (standard and advanced routes). Chauffeured multi-seater vehicle. Both must be booked. Wheelchair access to sea-watching building
Elizabethan House Museum

4 South Quay, Great Yarmouth, Norfolk NR30 2QH
T 01493 855746 F 01493 745459
E elizabethanhouse@nationaltrust.org.uk

Delightful treasury of 16th-century domestic history

Building

Level entrance. Ground floor has one step to kitchen and one step to back garden. Stairs to other floors

Felbrigg Hall, Gardens and Estate

Felbrigg, Norwich, Norfolk NR11 8PR
T 01263 837444 F 01263 837032 E felbrigg@nationaltrust.org.uk

One of the most elegant country houses in East Anglia

Note

Level access to hall and gardens

Shop and catering

Grounds
**Parking** separate parking, 100 yards. Drop-off point

**Accessible toilet** close to shop and brasserie

**Hall** Level entrance to Visitor Reception, access to hall via gravel courtyard. Ground floor has one step from Bird Corridor to Kitchen Corridor. Many stairs with handrail to other floors, upper floor not wheelchair accessible, DVD. Four wheelchairs available

**Grounds** Loose gravel paths in gardens. Map of accessible route. All-weather path through woods. One single-seater powered mobility vehicle

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**Flatford: Bridge Cottage**

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Flatford, East Bergholt, Suffolk CO7 6UL

T 01206 298260 F 01206 297212

E flatfordbridgecottage@nationaltrust.org.uk

Beautiful 16th-century thatched cottage by the River Stour

**Note** There is a walk of 250 yards from the coach park, coaches cannot drop off at Bridge Cottage. Access is via steps or down a sloping minor road

**Parking** limited parking for Blue Badge holders, 50 yards (not coaches)

**Accessible toilet** in the information centre

**Building** Level entrance to cottage, shop and teashop. Uneven floors and low beams in cottage. Wheelchair available
**Grounds**  Mostly level access along minor road and well surfaced tracks with some slopes. Wider vale has paths muddy in winter. Kissing gates on most paths. One single-seater powered mobility vehicle

**Other features**  Living Pictures Trust – tactile images of two of Constable’s paintings

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**Hatfield Forest**

near Bishop’s Stortford, Essex

T 01279 874040 (Infoline). 01279 870678 F 01279 874044  
E hatfieldforest@nationaltrust.org.uk

Ancient royal hunting forest

**Parking**  in Shell House car park, 60 yards

**Accessible toilet**  near café and lake

**Grounds**  Paths outside lake area can be muddy, partly accessible. Map of accessible route. One single-seater powered mobility vehicle and manual wheelchair, booking essential

**Other features**  Hatfield Forest is an a medieval hunting forest with wonderful ancient trees that all feel different due to the variations in their bark. The earthy scents of the woodland together with the sounds of birdsong evoke an atmosphere that takes you back hundreds of years
Horsey Windpump

Horsey, Great Yarmouth, Norfolk NR29 4EF
T 01263 740241 F 01263 740241
E horseywindpump@nationaltrust.org.uk

Imposing five-storey drainage windpump

Parking 50 yards
Accessible toilet beside car park

Horsey Windpump Ramped entrance. Ground floor accessible. Stairs to other floors

Grounds 400 yards of accessible path leading to viewpoint overlooking Horsey Mere. Seats at regular intervals. Partly accessible

Other features Accessible wildlife garden with raised ponds

Houghton Mill

Houghton, near Huntingdon, Cambridgeshire PE28 2AZ
T 01480 301494 E houghtonmill@nationaltrust.org.uk

Impressive working 18th-century watermill

Parking in main car park, 20 yards
Accessible toilet at rear of tea-room
Building Level entrance. Ground floor accessible. Portable ramp to bookshop available on request

Grounds Accessible route. Level tarmac surface from drop-off point to ground floor entrance, through mill to nearby lock

Other features Virtual tour provided to explore the rest of the mill. No restrictions on touching, except moving machinery when milling. Sounds of mill and waterwheel on milling days

Ickworth

The Rotunda, Horringer, Bury St Edmunds, Suffolk IP29 5QE

T 01284 735270 F 01284 735175 E ickworth@nationaltrust.org.uk

A Georgian Italianate palace in an idyllic English landscape

Parking designated parking in main car park. Drop-off point. Some parking for disabled drivers outside West Wing, 10 yards (West Wing and house). Outdoor wheelchair available from West Wing

Accessible toilet on ground floor of house and on lower ground floor of West Wing
House Two steps to entrance, ramp available. Ground floor accessible. Stairs with handrail to first floor. Stairs with chairlift to basement. Lift to first floor, takes small wheelchairs only. Restricted access in house for large powered wheelchairs. Wheelchair on each floor of house for use in house only. Safety requirements permit only one wheelchair on first floor at any one time. West Wing: Two steps to entrance, also permanent ramp. Lift to all floors. Shop and restaurant in West Wing, both have level entrance.

Grounds Loose gravel paths, some steep slopes, terraces and steps. Map of accessible route. Three single-seater powered mobility vehicles.

Other features House: room guides are pleased to indicate which surfaces can be touched in the State Rooms. Self-guided tactile route, and portable touch collection boxes available (prior notice is helpful). Tours/special activities for groups arranged with prior notice, contact the Learning and Interpretation Officer on 01284 736129. Garden: woodland walk with tap rail, level surface for 1 mile. Scented planting.
Lavenham Guildhall

Market Place, Lavenham, Sudbury, Suffolk CO10 9QZ

T 01787 247646 E lavenhamguildhall@nationaltrust.org.uk

Tudor building in the heart of the remarkably preserved medieval village of Lavenham

Note Nearest accessible toilet in car park (not National Trust) approximately 150 yards

Guildhall and garden Level entrance.
Ground floor has uneven floors, ramp available. Many stairs with handrail to other floors

Grounds Some steps

Other features Studwork; carved 17th-century cupboard. Reconstructed timber joints, Medieval crown post, Lavenham cloth

Melford Hall

Long Melford, Sudbury, Suffolk CO10 9AA

T 01787 376395 (Infoline). 01787 379228 E melford@nationaltrust.org.uk

Follow in Beatrix Potter’s footsteps at this beautiful Tudor family home
Parking drop-off point in front of house for disabled access

Accessible toilet on ground floor of house

Building Two steps to entrance, ramp available. Two wheelchairs. Ground floor accessible. Restricted access for small powered vehicles; safety regulations permit only one wheelchair on first floor at any time. Stairs to other floors, stairlift available

Grounds Gardens mainly lawns and border but with some slopes and steps. Access to 17th-century banqueting house via steps and slopes

Other features Outside: plants and trees; exterior brickwork, metalwork and stone, including the main porch and its seats. Inside: doors and door furniture; fireplaces and pillars in Great Hall and Library; panelling and windows in Great Hall; bookcases in library; balustrade and pillars on Gallery by staircase

Orford Ness National Nature Reserve

Orford, Woodbridge, Suffolk

T 01728 648024 (Infoline). 01394 450900
E orfordness@nationaltrust.org.uk

Internationally important nature reserve, with a fascinating 20th-century military history
**Note** Access involves negotiating steep and slippery steps, and the height is influenced by tides, to embark or disembark from the motor launch

All buildings

**Parking** drop-off on Orford Quay. Car has to be returned to car park (150 yards)

**Accessible toilet** at Warden’s office, but only available when Warden on duty

**All buildings** Most buildings have door thresholds and some have shallow steps or floor height changes and narrow doorways. Two have significant steps to first floor level and above

**Grounds** Access to the site is very difficult and potentially dangerous and involves negotiating steep and slippery steps (height influenced by tides) to embark or disembark from motor launch. Most roads and tracks mainly concrete and tarmac surfaced, others are rough, uneven but hard surfaced. To complete the entire route involves traversing some shingle areas (this can mostly be avoided). Some minor slopes and other obstructions such as steps. Map of accessible route. Powered adapted vehicle with driver available, but booking is essential

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**Oxburgh Hall**

Oxborough, nr Swaffham, Norfolk PE33 9PS

T 01366 328258 F 01366 328066

E oxburghhall@nationaltrust.org.uk

15th-century moated manor house

**Note** The Gatehouse access and exit is via a spiral staircase
Parking in main car park, 20 yards to reception, 200 yards to Hall

Accessible toilet in main courtyard, access via ramp

Hall Ramped entrance. Manual wheelchair available. Ground floor accessible, with DVD of upper floors. Stairs with handrail to upper floors. Main exit via spiral staircase; alternative route available

Grounds Grass and loose gravel paths, slopes, partly accessible. Care necessary near moat. Map of suggested route available. Chapel 100 yards from Hall, access via ramp

Other features Touch Tour of the House, which includes pieces of elaborately carved wooden furniture, as well as extensive architectural details such as doors, stairs and locks. The 15th-century Gatehouse offers a different sensory experience from the Victorian interiors downstairs, with its spiral staircase, painted brickwork, priest’s hole and original wooden courtyard gates. Contact the House Manager to book in advance. Virtual Tour at end of ground floor route. Scented flowers in the kitchen garden and herbaceous borders. Garden Braille guide
Paycocke’s

25 West Street, Coggeshall, Colchester, Essex CO6 1NS
T 01376 561305 E paycockes@nationaltrust.org.uk

Fine late Gothic merchant’s house

Parking Blue Badge holders can park on the street. Drop-off point in front of house

Building Step to entrance, ramp available. Ground floor accessible. Stairs to other floors

Grounds Some steps but these can be avoided to give full access, brick and gravel paths, lawns

Peckover House and Garden

North Brink, Wisbech, Cambridgeshire PE13 1JR
T 01945 583463 F 01945 587904 E peckover@nationaltrust.org.uk

Elegant Georgian town house with wonderful walled garden

Note No parking available at the property, but Blue Badge holders may park on double yellow lines in front of house

Parking drop-off point at front of property

Accessible toilet at tea-room
Main house  Two steps to visitor reception and shop, five steps to house entrance

Grounds  Loose gravel paths. Map of accessible route. One single-seater powered mobility vehicle, booking essential

Other features  Touch tour items available in most rooms; Room Stewards will be able to advise you. Separate handling collection. Scented rose garden, scented shrubbery, orangery

Ramsey Abbey Gatehouse

Abbey School, Ramsey, Huntingdon, Cambridgeshire PE17 1DH

T 01480 301494 E ramseyabbey@nationaltrust.org.uk

Remains of a former Benedictine abbey

Parking  next to the green in front of the church of St Thomas a Becket, 50 yards from the gatehouse (level walk)

Gatehouse  Four steps to entrance. Ground floor has steps

Grounds  Steps to grounds and Gatehouse. Gatehouse can be viewed from the level surfaced driveway through the gates

Rayleigh Mount

Rayleigh, Essex

T 01284 747500 E rayleighmount@nationaltrust.org.uk

Norman motte and bailey remains
Note There are steep slopes and many steps within the grounds of the mount.

Grounds

Parking designated parking bays in adjacent car parks (not National Trust)

Grounds Stepped access to top of motte. All three access points have steep slopes, one with steps.

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Shaw’s Corner

Ayot St Lawrence, near Welwyn, Hertfordshire AL6 9BX

T 01438 829221 (Infoline). 01438 820307

E shawscorner@nationaltrust.org.uk

Home of famous Irish playwright G. B. Shaw
Parking in main car park 40 yards from house

Accessible toilet ambulant disabled toilet

Building Two steps to entrance, ramp available. Two wheelchairs available. Ground floor has very limited turning space. Narrow door to the kitchen, small step to the scullery. Stairs to other floors. Information books on life of Shaw

Grounds Partly accessible, not ideal for self-propelled wheelchair users. Level access to parts of garden. There are gravel paths, grassed paths and some uneven terrain. Map available of an accessible route

Sheringham Park

Upper Sheringham, Norfolk NR26 8TL
T 01263 820550 F 01263 820556
E sheringhampark@nationaltrust.org.uk

Spectacular landscape park and woodland garden with miles of footpaths and stunning coastal views

Parking in main car park, 60 yards from visitor centre. Dedicated telephone to visitor reception. Transfer available

Accessible toilet near visitor centre
Building Level entrance. Three wheelchairs available. Exhibition barn accessible describing the history and wildlife of Sheringham Park

Grounds 1½ miles hard gravel paths, undulating terrain. Map of accessible route available from visitor centre. Three powered mobility vehicles available (two singles and a double)

Sutton Hoo

Tranmer House, Sutton Hoo, Woodbridge, Suffolk IP12 3DJ
T 01394 389700 F 01394 389702 E suttonhoo@nationaltrust.org.uk
Awe-inspiring Anglo-Saxon royal burial site

Parking in main car park. Drop-off point
Accessible toilet at visitor reception

Building Level entrance. Four wheelchairs. Ground floor accessible. Audiovisual/video
Grounds  Slopes, uneven paths, undulating terrain. Map of accessible route. Burial ground tours not accessible for visitors in wheelchairs or powered mobility vehicle due to uneven and undulating ground. Two single-seater powered mobility vehicles available, booking essential

Other features  Interesting sounds – some audio interpretation in exhibition

Theatre Royal, Bury St Edmunds

Westgate Street, Bury St Edmunds, Suffolk IP33 1QR

T 01284 769505  F 01284 706035
E theatreroyal@nationaltrust.org.uk

The only surviving Regency playhouse in Britain

Parking  drop-off point

Accessible toilet  in foyer

Building  Ramped entrance. Stairs to other floors
Whipsnade Tree Cathedral

Trees, hedges and shrubs planted in the form of a medieval cathedral

Parking adjacent to site (limited spaces)

Grounds Grass and uneven paths, partly accessible. Some routes difficult in bad weather

Other features Covering an area of 3.82 hectares (9½ acres), the Tree Cathedral is not consecrated ground but welcomes everyone to discover its special sense of peace

Wicken Fen National Nature Reserve

The National Trust’s oldest nature reserve, and England’s most famous fen

Note Wicken Fen was highly commended in the 2010 Rough Guide to Accessible Britain awards

Parking by visitor centre 20 yards

Accessible toilet in Wren Building (National Trust), and car park (district council maintained, Radar key required)

Building Visitor centre level entrance, all ground floor. Fen Cottage limited access by arrangement
Grounds ¾ mile level boardwalk route, two wheelchairs available for loan

Other features Outdoor trails are a rich sensory experience with birdsong, insects, wind in the reeds. Two hides on the boardwalk are wheelchair accessible

Willington Dovecote and Stables

Willington, Church End, near Bedford, Bedfordshire MK44 3PX

T 01480 301494 E willingtondovecote@nationaltrust.org.uk

Outstanding 16th-century stone dovecote and stable building

Note No toilet on site

Parking 10 yards from dovecote and 30 yards from stable

Dovecote Ramped access to stable entrance. Stairs to first floor

Grounds Level grass paths to entrance of dovecote and stable buildings
Wimpole Estate

Arrington, Royston, Cambridgeshire SG8 0BW

T 01223 206000 F 01223 207838
E wimpolehall@nationaltrust.org.uk

Magnificent country house, part of the grandest working estate in Cambridgeshire – also includes Home Farm

Parking 275 yards from mansion. Drop-off point

Accessible toilet at Hall, Stables, Home Farm and Old Rectory

Restaurant

Hall Many steps to entrance to Hall. Stairs to other floors. Long main staircase between floors including basement. Stone steps up to ground floor

Grounds Accessible route. Some gravel areas, concrete and grass pathways. Park: limited accessibility as grazed parkland, loose gravel paths, undulating terrain. Five wheelchairs, five single-seater powered mobility vehicles, booking essential. Volunteer-driven multi-seater vehicle (when available)

Other features Virtual tour of Hall available