

How to make thermally lined curtains

Watch our How-To video tutorial with Lauren Guthrie at
www.nationaltrust.org.uk/energy

Step 1 – Sizing up your curtains

Work out what you want the finished size of the curtain to be then calculate fabric requirements

Main fabric

- should be 23cm longer than finished length of curtain
- should be 10cm wider than finished width of curtain

Cotton bump interlining

- 10cm narrower than width of main fabric (same as the finished width of the curtain)
- 30cm shorter than length of main fabric (should be 7cm shorter than length of finished curtain)

Thermal lining

- 14cm less than width of main fabric
- 10.5cm less than length of main fabric



Step 2 – Cut out fabric and sew together to get the correct width of main fabric

This process will need to be repeated for the cotton bump and thermal lining too

Top tips:

- fabric must be cut square and straight to the grain line of the fabric
- fabric sewn together using the sewing machine, with right sides of the fabric facing with a 1.5cm seam allowance

Step 3 – Attach cotton bump to main fabric

Hand-tack the cotton bump to the main fabric. This should be measured 10cm down from the top edge and 5cm in from the side edge of the main fabric.

Catch stitch (by hand) the cotton bump to the main fabric along each side of the curtain.

Step 4 – Hem the bottom edge of the main fabric

Fold then press 20cm towards the wrong side of the fabric along the bottom edge of the main fabric. Open out this fold and then fold and press the bottom edge towards the crease that you just made. This will hide all the raw edges along the bottom edge of the curtain and enclose the bottom edge of the bump.

Catch stitch in place by hand through the bump, catching the main fabric.

Step 5 – Hem bottom edge of thermal lining

Fold and press 14cm towards the wrong side of the fabric.

Open out and fold and press again to just before the crease line. This hides the raw edges along the bottom edge of the curtain. Sew hem in place using the sewing machine.

Top tip: Because you won't see the bottom of the lining it's fine to use the machine for this bit as it's much quicker



Step 6 – Join thermal lining to main fabric

With right sides facing sew the thermal lining to the main fabric, starting with the thermal lining 3cm down from the top edge of the main fabric. Sew with a 1.5cm seam allowance using the sewing machine. You will now have formed a tube of fabric.

Step 7 – Press lining in place

Turn the tube of fabric the right way out and press the side edge flat. You should be able to see about 3.5cm of the main fabric on the back of the curtain along each side edge of the curtain.

Step 8 – Tack lining in place along the top edge of the curtain and press in place

Hand-tack the lining in place along the top edge of the curtain – this should be 3cm from the top edge of the main fabric. Once the lining is secure, fold and press 3cm of the main fabric towards the back of the curtain along the top edge then tuck the corner in to hide the raw edges.



Step 9 – Attach header tape along the top edge of the curtain

Cut the header tape about 5cm longer than the width of your curtain. Fold the raw edge of the tape under so that a row of the hooks are right at the edge. Line this edge up with the top edge of the curtain and sew in place using the sewing machine. Repeat along the bottom edge of the curtain tape. Once sewn in place remove all tacking stitches

Step 10 – Hang your curtains up and finish off the bottom corners

At the bottom corner of the curtain, turn the main fabric under to hide the raw edges and hand sew in place using a ladder stitch

Share your creation with us by using [#winterwarmers](#) and [@nationaltrust](#)