



National Trust

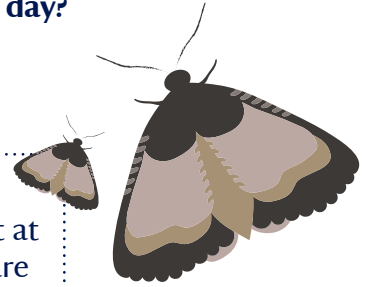
Early birds and night owls

Are you an early bird or a night owl? Do you jump out of bed first thing or do you prefer to sleep in and stay up late? Nature often follows similar daily patterns, from the early bird that catches the worm to the beaver that prefers to work in the dark.

How many creatures can you spot at different times of day?

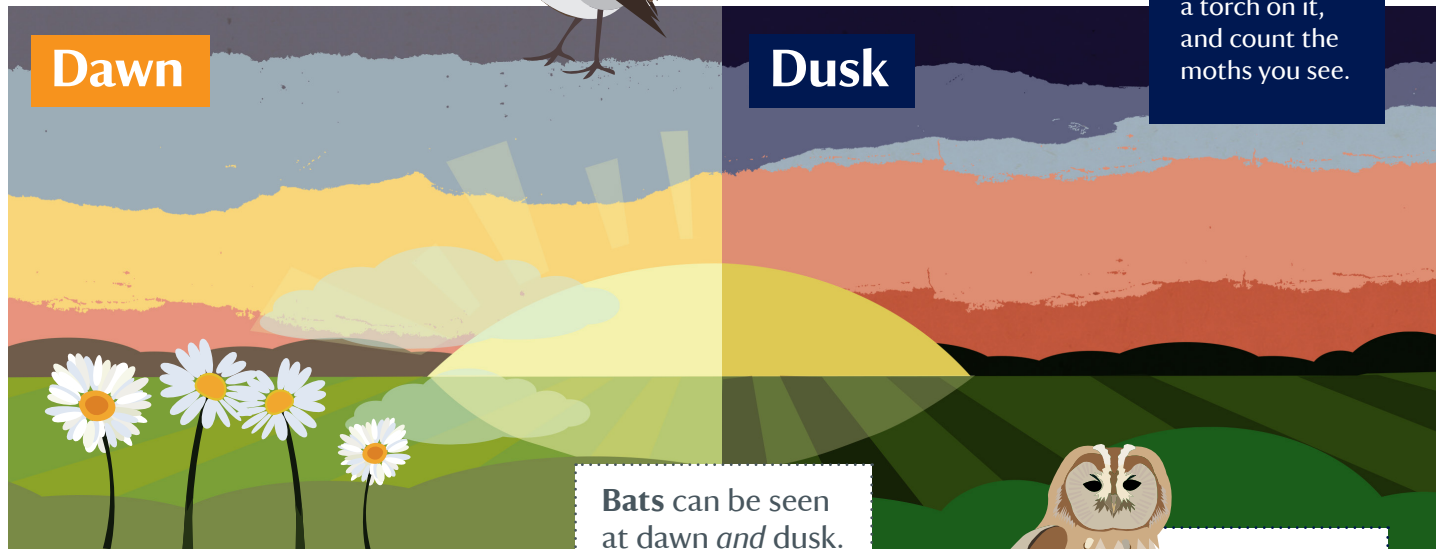


Blackbird, song thrush and robin get up early to catch the worm.



Moths like coming out at night and are attracted to artificial light.

Top tip: Hang up a bedsheet outside, shine a torch on it, and count the moths you see.



Dawn

Dusk

Bats can be seen at dawn *and* dusk.



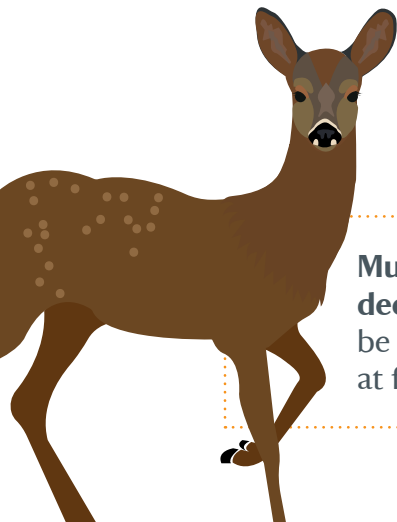
You're most likely to see a **tawny owl** at night.

Daisies, like many flowers, are in tune with rising sun and open their petals by midday.

Beavers like to feed and build dams under the cover of darkness.



Muntjac and roe deer can often be seen grazing at first light.



This activity has been designed so that it can be done safely in your house, garden or local National Trust place, so please take part responsibly and follow government guidance on social distancing.