



Anglo saxons and vikings



Sessions with options for weapons training, metal casting, weaving, thatching and ancient writing.

Topics and activities (the number of activities covered will depend on length of the session booked (half/full day):

Weapons Training

Learn weaponry skills and Viking drill commands, including techniques for creating a shield wall and spear and axe manoeuvres. This session will be taught using replica wooden weapons.

Cast your own Saxon or Viking Coin

Learn about the role money played during Anglo Saxon and Viking times. Each child will design their own coin, create a mould and cast their own small coin to take home.

Weaving

Explore the art of weaving for clothing, blankets and baskets. The class will work in small groups to experiment with different weaving techniques.

Ancient Writing

Discover how writing played a part in this period of history and what we can learn from the written evidence of the time. Each child will make their own writing quill from a feather. Work together to decipher the runes to gain the knowledge you'll need to make your own ink.

All sessions fully risk assessed and delivered by First Aid trained, DBS checked practitioners.

See <http://www.woodmatters.org.uk/schools/detail/stone-age-to-iron-age> for price details.

For more information and to book:

Call us on 07580 042 183

Or email us at garethandro@woodmatters.org.uk

www.nationaltrust.org.uk/footprint

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