



Bushcraft adventures



The woods are alive with natural music and rhythm! In this session we explore the sounds amongst the trees as inspiration for our own music making and learn about materials, language and habitats along the way.

Session outline

We start with some fun musical warm ups before venturing into the woods for some listening exercises. This leads into an exploration of materials, as we hunt for our own musical instrument or 'found sound'. Groups are challenged to create their own pong (poem-song!) and perform them to each other, before finishing with one big musical jam! Great for developing listening skills and inspiring creativity and adaptable to all age groups.

Curriculum links

Standard Primary Curriculum areas covered: English (spoken language, oral aspects of writing, composition); Science (everyday materials, sound); Music (performance, composition, confidence).

EYFS learning goals: Communication and Language; Physical Development; Personal, Social and Emotional Development; Understanding the World; Expressive Arts and Design.

The session can be adapted to integrate curriculum learning relevant to the specific age group. All sessions are designed with holistic learning in mind and aim to develop the heart, head and hand. A culture of care and respect for ourselves, each other, and the environment is encouraged throughout.

All sessions fully risk assessed and delivered by First Aid trained, DBS checked practitioners. £200 per group, max 30.

For more information and to book:

Call us on 07580 042 183

Or email us at garethandro@woodmatters.org.uk

nationaltrust.org.uk/footprint

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