

Dawn 'til dusk at Gupton Farm

Dawn chorus walk

6am-8am, free

Join us for an early morning walk to hear the spectacular dawn chorus. Listen out for birds like warblers, skylarks and reed bunting. Enjoy a breakfast roll and hot drink afterwards (charge applies).

50 Things adventures

9am-12pm, free

Have fun with our 50 Things outdoor adventures at Gupton Farm; build a den, fly a kite, cook on a campfire, go bug hunting or birdwatching and create wild art.

Reimagining Gupton

12pm-1.30pm, free

Discover the story of Gupton Farm! Find out more about our restoration project and how we're delivering better for nature, with guided talks from the National Trust team.

A flavour of the area

1.30pm-2.30pm

Enjoy a bite to eat and a flavour of the area. Our friends from Pembrokeshire Beach Food Company will be on-site serving fresh, local produce. Yum!



Rockpool safari

2.30pm-4.30pm, free

Follow the walking trail to Freshwater West beach and delve into the rockpools and their underwater worlds. What coastal creatures will you find? This is a guided session, great for all the family.

More to explore

4.30pm-6.30pm, free

Take some time out to explore more of this special place and what's on offer. Visit the interpretation room, tuck into some local produce or go to the wet weather barn for wildlife watching tips.

Sea safety

6.30pm-7pm, free

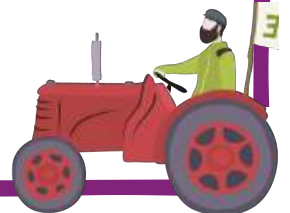
Freshwater West is a beautiful stretch of coast, but with strong rip currents it can also be dangerous. Join the RNLI for a sea safety talk to help you have fun and stay safe on the beach and in the water.

Sounds at sunset

From 7pm, free

Come and sit around the firepit as we conclude the day with live music at the campsite. Sing along, relax and watch the sun set against the most spectacular of backdrops.

nationaltrust.org.uk/gupton-farm



O fore gwyn tan nos ar Fferm Gupton

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Ail-ddychmygu Gupton

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Mwy i'w ddarganfod

4.30pm-6.30pm, am ddim

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Diogelwch y môr

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