

National Trust Cottages Accessibility Guide

Cottage Details: **2 Heathland cottages**
Cottage Ref: **003015**
Category:



Fig: 1

Introduction

This is a conversion of half of the former Isolation Hospital. The building is listed and the interior is full of surprises with a dramatic gallery twin bedroom built over the full height open plan kitchen and sitting area. The Cottage has a sloped pathup from parking to front door and is suitable for ambulant disabled people as there is a twin and single bedroom on the lower level with large shower cubicle and WC also on the same level. A separate WC is also available in the lobby. Doors are generally wide and there are no internal changes of level to the key areas.

The Cottage is arranged as follows:

Ground Floor: open-plan kitchen/dining/sitting room with multi-fuel stove, two bedrooms (1 twin and 1 single), shower cubicle and WC and separate cloakroom on the lower level.

Gallery:

- Twin beds, chest of drawers and bed-side table

Pre-Arrival

- See the main webpage for booking and location details.
- Please contact us prior to booking if you have any specific access requirements.
- Directions are provided with your booking

Arrival & Parking Facilities

- The directions offered by the NT Contact Centre are good and are best followed rather than relying on the post-code alone.
- The Parking area is in front of the cottages at the lower level. Drop off at the entry level is not possible. Sufficient room for three cars.

Approach

- The lane leading to the Heathlands is well signed at the junction with the main road.
- This is a remote spot but the surrounding area is reasonably flat.
- Heath-land around the cottage is of course undulating and can be boggy in places
- The land is more level between the two cottages and would be suitable for a larger family.

Getting in (and out) of the cottage

- Two paving slabs with height of 60mm are placed at the front door. Fig: 2
- The entry door has a small step with total height of 170mm
- The key-safe is located at high level 1750mm to centre Fig: 3
- Weather mat to interior
- Cottage identification is clear – good sign Fig: 2



Fig: 2



Fig: 3

Getting around the cottage

- Open plan kitchen/sitting-room and dining-area
- Doors are more than 750mm clear width
- Floors are firm and level, mix of timber floor-boards, rugs, carpet runner across the living area, ceramic tiles in wet areas and vinyl sheeting
- Corridor is 800mm wide at narrowest and widen to 1100mm.
- Illumination levels moderate

Kitchen



Fig: 4

U shaped kitchen with reasonable space 1.8m between cabinets

- Breakfast bar/cabinets
- Height of worktop is 930mm from floor
- Under cabinet lighting in the kitchen area
- Microwave (Prestige), electric oven with reasonably clear numerals. Good handle.
- Ceramic hob- front controls
- Large fridge and freezer

Sitting Area



Fig: 5

- Two 2-3-seater settees with arm height at 690mm and seat height at 490mm
- Two arm chairs with arm height at 600mm from floor and seat height of 460mm.
- Flat screen TV
- Furniture can be re-arranged to improve circulation space
- Timber pillars can be easily seen against the background

Stairs to Gallery

- Width of stairs 600mm with a three step fan. Handrail to one side.
- 2 single beds with wall mounted bed-side light

Dining Area

- Table and seating for 4 people Fig: 4
- Height of 760mm
- Circulation moderate
- Illumination levels good



Ground floor Shower-room

- Door <750mm
- Ceramic tiles to floor
- 1100mm x 700mm shower tray cubicle with sliding doors
- Threshold into shower of 140mm
- Mixer shower, short riser bar and long hose
- Light over mirror
- Sink at 800mm with pillar taps
- The close-coupled WC is at 430mm to seat

Fig: 6

Single Bedroom

- 'Hospital' style white metal frame bed. 1.9m long and 640mm high to top of bedding. 1m wide.
- Bed-side light (Low energy bulb)
- Chest of drawers
- Level access into the room
- Good colour contrast of Bakelite light switches.

Twin Bedroom



- Wooden frame beds with space under. 580mm high
- Level access into room
- Bed-side lights to both beds (low-energy bulbs)
- Good natural illumination

Fig: 7

Lobby

- WC with corner hand-rinse basin.
- Moderate illumination level (low-energy bulbs)
- Washer/dryer machine (Tricity bendix)
- Clothes hooks for coats

Garden

- Sitting area on paving stones

Additional Information

- Assistance dogs are welcome at all our cottages
- Heathland 2 & 3 can be booked together. Heathlands 3 offers ramped access and more accessible lay-out and wet-room
- In the event of a fire, it is the responsibility of the guests to manage their own evacuation. Vibrating fire/smoke detectors are available if requested at time of booking. Please contact us if you have any other specific access requirements in this respect.

Facilities at all cottages

The National Trust aims to expand the list of accessible /equipment/items available at each cottage and these may include

- Cordless kettle
- Hollowfibre bedding
- Chair with armrests
- Good reading light
- Large handle vegetable peeler
- Easy tin opener
- Non-slip mat for bath/shower
- Non-slip place mat
- Easy jar opener
- Information in alternative formats (on request)

Please note that we cannot guarantee that all items will be available at the time of your visit it may be helpful to speak to the NT Contact Centre if you have any other specific access requirements in this respect.

Specialist equipment

Other specialist equipment such as wheelchairs, bath seats, toilet frames etc may be available for loan or purchase from the local Red Cross loan centre. Please check this out before booking the Cottage and contact us if you require further information.

<http://www.redcross.org.uk/standard.asp?id=89425>

Future Plans to improve Accessibility to NT Holiday Cottages

- We are currently in the process of writing Accessibility guides for all our holiday cottages and improving access over time for all our guests. All feedback is very helpful in informing us of ways in which we can improve access to all our cottages. We welcome any comments or ideas from you about access at this cottage and thank you for taking the time to do this. Please do this in the most convenient way for you. See contact details below or information on website.

About the Accessibility guide

- This Accessibility guide is intended to provide key information about the cottage that may be particularly relevant to guests with disabilities. Please contact us prior to booking if you would like information that is more specific and we will be happy to oblige.

Email: cottages@nationaltrust.org.uk

Phone: 0844 8002070

Access for All at the National Trust

- The Access for All office works to improve access at all National Trust cottages and properties. The office welcomes comments and ideas on improving access.

Phone: 01793 818531

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