

## National Trust Cottages Accessibility Guide

Cottage Detail: **3 Heathland Cottages**

Ref: 003016

Category



### Introduction

This is a part conversion of the former Isolation Hospital. The building is listed and the interior has a dramatic gallery (double bed) built over the full height open plan kitchen and sitting area. The Cottage is ramped to the main entry point and the cottage would be suitable for wheelchair users and ambulant disabled people as there is a twin and single bedroom on the lower level with large wet-room and accessible WC also on the same level. A separate WC is also located in the lobby. Doors are generally wide and easy to open; there are no internal changes of level or thresholds to the key areas. The kitchen is not fully accessible.

The Cottage is arranged as follows:

**Ground Floor:** open-plan kitchen/dining/sitting room with multi-fuel stove, two bedrooms (1 twin and 1 single), staircase (with balustrade) to galleried space, wet-room and WC and separate cloakroom on the lower level.

### Gallery:

- Double bed, chest of drawers and bed-side table

### Pre-Arrival

- See the main webpage for booking and location details.
- Please contact us prior to booking if you have any specific access requirements.
- Directions are provided with your booking

## Arrival & Parking Facilities



- Space for 2 – 3 cars
- Firm and level surface with some loose aggregate dressing
- Space for Motability vehicle in this area

### Approach

- Long private lane from the main road
  - Ramped from Car-park (Gentle gradient >1:20)
  - Firm and level surface at the car-park level
  - Slope up to the cottage
- Some tree routes in the path, causing slight unevenness

Fig: 1

### Getting in (and out) of the cottage

- Level access threshold into Cottage
- Key Safe
- Front door width 730mm enters into lobby containing washing machine and a single WC
- Right turn into living area and kitchen. Door width is 870mm.

### Getting around the cottage

- Open plan kitchen/sitting-room and dining-area. Level access.
- Internal doors are more than 750mm clear width
- Floors are firm and level, mix of timber floor-boards, rugs, carpet runner across the living area, ceramic tiles in wet areas and vinyl sheeting
- Very wide corridor/inner hall between bed-room/wet-room and the living area
- Illumination levels moderate

**Gallery** – timber stairs to gallery

### Kitchen

- Door into kitchen/diner/sitting area is 870mm wide. Level access



- U shaped open-plan kitchen
- Height of worktop is 930mm
- Width between units and fridge/Freezer 1250mm. Fig: 2
- Electric oven with ceramic hob. Hob lights
- Under-cupboard pelmet lighting
- Microwave (Prestige GS25) with very clear controls and numerals (not shown)
- Cordless kettle
- Good levels of illumination

Fig: 2

## Sitting area with live fire/Diner



Fig: 3

- Very large room
- Two 2-3 seater settees. Soft cushions
- 2 wing arm chairs
- Timber floors with carpet runner between the sitting and dining areas
- Good illumination levels and table lamps
- Wood burning stove and radiators



Fig: 4

- Pine dining table for 6, 760mm to table top, 650mm to under-top fascia
- Chairs with arms
- Timber floors
- Cast-iron radiator

### Stairs to Gallery from dining area

- Width of stairs 600mm
- Fan of three stairs at top

### Gallery - Double Bedroom

- Balustrade overlooking living areas
- Double metal frame bed. 650mm - height to top. Width 1400mm. Length 1900mm.
- Bed-side chair (height 450mm) with arms. Wall mounted lights.

- Door to inner hallway – 860mm wide
- Inner hallway leading to bed-rooms, 1360mm clear width
- Inner hallway leading to wet-room 1340mm

## Single Bedroom

- Door width 770mm. Level access. 'Hospital' style bed – white frame with space under.
- Clear height of 640mm to top
- Chest of drawers and hanging space
- Timber floors

## Twin Bedroom

- Door width 770mm. Level access. Very large room
- 2 x 'Hospital' style beds with space under. 660mm to top of bed, length 1900mm and width 950mm.
- Bed-side tables. Lights (low-energy bulbs)
- Bed-room chair
- Chest of drawers and wardrobe
- Timber floors

## Ground floor Wet-room 2900 x 3070mm



- Door into wet-room 720mm (easy to open)
- Vinyl floor, Mixer shower
- The WC is 440mm high with drop-down rail at 690mm and floor fixed horizontal rail at 650mm
- Good circulation space
- Large shower chair, with arms and hygiene seat at 500mm to seat

Fig: 6



- Large pedestal Sink at 830mm
- Long weighted curtain
- Pillar taps
- Light over mirror
- Horizontal rails around shower area
- Short riser bar and long hose – suits both standing and seated user
- Good circulation space
- Gully is flush with floor

Fig: 7

## **Garden**

- Patio area with wooden table and chairs
- Lawned area – open. Some slopes at the front

## **Additional Information**

- Assistance dogs are welcome at all our cottages
- In the event of a fire, it is the responsibility of the guests to evacuate themselves. Vibrating fire/smoke detectors are available if requested at time of booking. Please contact us if you have any other specific access requirements in this respect.

## **Facilities at all cottages**

The National Trust aims to expand the list of accessible /equipment/items available at each cottage and these may include

- Cordless kettle
- Hollowfibre bedding
- Chair with armrests
- Good reading light
- Large handle vegetable peeler
- Easy tin opener
- Non-slip mat for bath/shower
- Non-slip place mat
- Easy jar opener
- Information in alternative formats (on request)

Please note that we cannot guarantee that all items will be available at the time of your visit it may be helpful to speak to the NT Contact Centre if you have any other specific access requirements in this respect.

## **Specialist equipment**

Other specialist equipment such as wheelchairs, bath seats, toilet frames etc may be available for loan or purchase from the local Red Cross loan centre. Please check this out before booking the Cottage and contact us if you require further information.

<http://www.redcross.org.uk/standard.asp?id=89425>

## **Future Plans to improve Accessibility to NT Holiday Cottages**

- We are currently in the process of writing Accessibility guides for all our holiday cottages and improving access over time for all our guests. All feedback is very helpful in informing us of ways in which we can improve access to all our cottages. We welcome any comments or ideas from you about access at this cottage and thank you for taking the time to do this. Please do this in the most convenient way for you. See contact details below or information on website.



## About the Accessibility Guide

- This Accessibility guide is intended to provide key information about the cottage that may be particularly relevant to guests with disabilities. Please contact us prior to booking if you would like information that is more specific and we will be happy to oblige.

Email: [cottages@nationaltrust.org.uk](mailto:cottages@nationaltrust.org.uk)

Phone: 0844 8002070

## Access for All at the National Trust

- The Access for All office works to improve access at all National Trust cottages and properties. The office welcomes comments and ideas on improving access.

Phone: 01793 818531

Email: [accessforall@nationaltrust.org.uk](mailto:accessforall@nationaltrust.org.uk)

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