

National Trust Cottages Accessibility Guide Template (Aug 2019)

**Gupton Farm Surf Lodge
Castlemartin
Pembroke
Pembrokeshire
SA71 5HW**

Ref: 013039



Introduction

- Property is a two-storey house with a staircase to upper floor.
- The house is situated in a central location on a campsite within an area of farmland.
- Parking is directly in front of the house.
- It is a ten-minute walk across fields and a bridle path to Freshwater West Beach.
- Sleeps ten and two dogs.
- The layout of the house is five bedrooms; four on upstairs floor and one downstairs. There is a bathroom with a shower, sink and toilet and an additional shower room with a separate toilet on the upstairs floor. The ground floor has a shower room with toilet and sink, which is at the same level as the kitchen. There is a step down to the sitting room, which is on the same level as the hall and downstairs bathroom.
- There is no landline phone at the lodge. Mobile phone signal is usually good outside the property but varies on strength depending on the phone operator and weather.
- Free WiFi connection is available at the information hub and the wet weather barn.

Pre-Arrival

- See the main webpage for booking and location details. The property stands approx. half a mile from the beach. It is in an exposed position with limited geographical protection from coastal winds and weather.
- Please contact us prior to booking if you have any specific access requirements.
- Full directions are provided with your booking details. Sat Nav data recognises the postcode accurately and google maps has an ID marker for Gupton Farm.
- Bring a torch if arriving in the dark as there are no street lights past the end of the village. However, outside lights on the property will be left on for your arrival.

Approach

- When approaching from the village of Castlemartin the entrance to the campsite is on your right-hand side. The house is approached via a gravel farm lane. Halfway down the lane you will see the house in front of you with the black sign on the wall – ‘Gupton Farm Surf Lodge’

Arrival & Parking Facilities

- There is gravel parking directly in front of the house for three cars.
- Additional parking is available 50 meters away in the campsite car park.
- Paths to and from the car park to the house are firm, but uneven.

Getting in (and out) of the cottage

- The keysafe is located on the left-hand side of the ‘back’ door by the concreted patio area. It is 1350mm from ground level.
- The door key lock is 1000mm from ground level.
- There is a 90 x 150mm threshold on the front door to step over onto a flat tiled surface.
- The ‘back’ door has a clear opening width of 750mm.
- The ‘front’ door is reached from the hallway. There is a small weather protection porch on the front door. Together, when open both doorways have a clear opening width of 770mm with double rain bar thresholds which are 40mm high.

Getting around the cottage

- All bedrooms and hallways are carpeted with no rugs.
- The kitchen, hallway and utility areas have hard surfaces of either tiles or vinyl.
- Illumination levels are fair to good
- The stairs have two stages; the first flight of eight steps finishing on a short landing with a further four steps in either direction. The handrail is on different sides depending on which flight of stairs you are using.



Ground Floor

- Once inside from the 'back' door, you are in the utility area with a washing machine/dryer. From here there is a further door directly in front of you which leads to the downstairs shower room and toilet. The door to your right-hand side at the same level leads to the kitchen (700mm). The door to your left leads to the boot/drying room and storage area for surf boards and dirty boots. There is a step up to the wet room of 270mm
- From the kitchen there is a 190mm step down to the sitting room with no doorway and then a same level transition through to the hallway door (760mm) and on to the downstairs twin bedroom (800mm).

Downstairs Shower Room

- Door opening width of 760mm
- The shower is open with a level shower tray with no step. There is a grab rail either side of the shower
- The wash hand basin has a rim height of 750mm with a grab rail to the right
- The toilet seat height is 480mm
- The gap between the toilet and the wash hand basin is 380mm
- Non-slip mat for shower



Sitting Room

- The sitting room is compact with limited circulation space.
- The large sofa and chair have a seating height of 440mm
- The log burner sits on a hearth of 60mm. There is a log basket, fireguard and companion set alongside.
- There is a standard lamp with a pull chain switch at 1100mm.
- There is a low wooden coffee table 550mm



Kitchen/Diner

- Height of worktops is 900mm with cupboards underneath.
- Electric integrated oven and hob height is 900mm with controls at 840mm
- Microwave, toaster and two cordless electric kettles.
- LED spotlights over table directed at sink and worktops. Lights in integrated cooker hood.
- Large kitchen table with 620mm knee space underneath with bench seating on either side at 400mm. There is one chair at the head of the table with a seating height of 470mm
- The fridge is a large full height front opening standalone unit.
- The freezer is a front opening under cabinet unit.



Downstairs twin Bedroom (1)

- Twin beds 6'3" x 3'
- Height of beds is 600mm
- Shared rustic bedside 'table' height of 560mm with reading lamp
- Wardrobe with front opening door



Upstairs Twin Bedrooms (2, 3 & 5)

- Twin beds 6'3" x 3'
- Height of beds is 600mm
- Shared rustic bedside 'table' height of 560mm with reading lamp
- Small wardrobe with front opening door for hanging space and four drawers to the side



Upstairs Double Bedroom (4)

- Double bed 6'3" x 4'6"
- Height of bed is 600mm
- Rustic bedside 'table' height of 560mm with reading lamps at either side of the bed
- Dressing table with full width mirror and drawers. Mirror height is 700mm



Upstairs Bathroom

- Located at the top of the staircase with a door opening width of 700mm
- Bath height 550mm, width 550mm and internal length 1250mm
- The wash hand basin has a rim height of 800mm
- The toilet seat height is 410mm
- The gap between the toilet and the wash hand basin is 850mm
- The cubical shower is 700mm x 700mm with a step over height of 200mm
- Non-slip mat for bath/shower



Upstairs Shower Room

- Located between a twin and double bedroom with a door opening width of 700mm
- The wash hand basin has a rim height of 810mm
- The cubical shower is 700mm x 700mm with a step over height of 100mm
- Non-slip mat for shower



Separate Toilet

- The wash hand basin has a rim height of 780mm
- The toilet seat height is 410mm
- The gap between the toilet and the wash hand basin is 530mm



Garden

- The front of the house faces south.
- There is a very small entirely private garden/patio area outside the front door.
- There is an area laid to lawn directly in front of the house which is shared with the manager who lives on site. This area is gated but not enclosed enough to keep dogs from straying off.
- There is a concrete patio area outside the 'back' door with garden seating. There is a BBQ in the log store.
- The house sits in the centre of a large campsite with uneven gravel paths and field trails and bridle ways around the house which lead to open countryside and the beach.
- There is a fire pit area within the campsite for log fires with log stools, bench style seating and picnic tables.

Additional Information

Facilities at all cottages

The National Trust aims to expand the list of accessible /equipment/items available at each cottage and these may include

- Cordless kettle
- Hollowfibre bedding
- Chair with armrests
- Good reading light
- Large handle vegetable peeler
- Easy tin opener
- Non-slip mat for bath/shower
- Non-slip place mat
- Easy jar opener
- Information in alternative formats (on request)

Please note that we cannot guarantee that all items will be available at the time of your visit. Please enquire at the time of booking regarding any particular requests.

Specialist equipment

Other specialist equipment such as wheelchairs, bath seats, toilet frames etc may be available for loan or purchase from the local Red Cross loan centre. Please check this out before booking the cottage and contact us if you require further information.

<http://www.redcross.org.uk/standard.asp?id=89425>

Future Plans to improve Access to National Trust Holiday Accommodation

- We are currently in the process of writing accessibility guides for all our holiday cottages and bunkhouses and improving access over time for all our guests. All feedback is very helpful in informing us of ways in which we can improve access. We welcome any comments or ideas from you about access at this cottage and thank you for taking the time



to do this. Please do this in the most convenient way for you. See contact details below or information on website.

About the Accessibility Guide

- This Accessibility Guide is intended to provide key information about the accommodation that may be particularly relevant to guests with disabilities. Please contact us prior to booking if you would like information that is more specific and we will be happy to oblige.
Email: cottages@nationaltrust.org.uk
Phone: 0344 8002070

Access for All at the National Trust

- The Access for All office works to improve access at all National Trust accommodation and properties. The office welcomes comments and ideas on improving access.
Phone: 01793 818531
Email: accessforall@nationaltrust.org.uk

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