

National Trust Cottages Accessibility Guide Template (Aug 2019)

The Cwms
Stepaside
Narberth
Pembrokeshire
SA67 8PP

Ref: 013001

Introduction



- Sleeps 6 + cot
- Two storey Victorian farm cottage set in a secluded woodland location next to a stream.
- Quiet setting on the edge of Colby Woodland Gardens. Close to the coast and the village of Amroth.
- This is a sloping site typical of this part of Wales.
- Good walking routes are available around the gardens and surrounding countryside.

The Cottage is arranged as follows:

Ground Floor:

- Kitchen/dining room, utility room leading onto bathroom including bath/WC and a separate tiled walk-in shower cubicle. To the other side of the staircase there is a sitting room and 1 twin bedroom.
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Staircase to the first floor with one landing. Bannisters to one side. Net Width 720mm. Risers of 180mm. Goings of 240mm. Landing 800 x 1440mm. Carpeted.

First Floor:

- One double bed-room and one twin. Separate Lavatory

Pre-Arrival

- See the main webpage for booking and location details.
- Please contact us prior to booking if you have any specific access requirements or queries.
- Directions will be provided with your booking with the key-safe details.

Approach

- It is recommended that the travel instructions contained in your booking documents are followed carefully. One small Omega NT sign is positioned on the approach road leading up from Amroth. This road is initially tarmaced but later becomes a woodland track.
- Inclement weather may make some local tracks harder going from time to time.
- A timber crossing point is provided over the stream. A pedestrian crossing point is also provided.

Arrival & Parking Facilities



- An area of on-site parking for a number of cars on compacted earth and gravel is provided to the side the cottage in front of unused outhouses. Land levels around the cottage are generally level and firm.
- Part of the path to the main door is over grass
- Bulkhead lighting (PIR) is provided on the approach to the cottage
- It is clear where to go
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Getting in (and out) of the cottage



- The key safe (2no.) is located at waist level (770mm from ground) on the inside face of the gate pillar
- Clear width of the metal garden gate is 930mm. 2.5m between gate and the front door.
- Clear width of the front door is 810mm. The handle is at 940mm from floor level.
- At the front door there is a small threshold of 60mm
- The front door opens into a central stair-case with rooms off.

Getting around the cottage

Ground floor:

- Door width ranges from 640mm - 830mm
- No inter-room changes in level but some tight turns into the various rooms.
- Illumination levels are generally fair. Artificial lights are of the low-energy type
- Visual contrast is reasonable throughout
- Floors coverings are generally of ceramic tile, carpets (close weave) with vinyl sheeting used in the wet areas.

Kitchen and dining area



- Oblong shaped kitchen with appliances under the worktops. Door width into kitchen is 830mm.
- Height of the worktop is 890mm from floor level
2/3rds fridge and 1/3rd freezer.
- Lighting levels are good
- Single bowl sink with Chrystal taps.
- This is a compact kitchen
Under counter oven/grill and ceramic hob. • Dishwasher. Controls are easy to see and use.
- Ceramic tiled floor

Dining area in kitchen

- Dining table for 6 at 770mm. Space under 690mm. Wooden dining chairs

Kitchen/diner leads onto the Utility Room

- Door width of 720mm
- Worktop at 900mm – Washer/dryer under counter (Indesit). Controls are easy to use.
- This area is a little restricted and requires a tight turn into bathroom & shower.
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Bathroom and separate shower cubicle (Ground floor off the utility room)



- Very tight turn into the bathroom, Door width 740mm
- Bathroom dimensions 2340 x 1770mm – vinyl floor
- Restricted circulation space within the bathroom.
- Bath □ height 540mm, internal depth 350mm. Width 500mm.
- Bath length is 1480mm with integral hand-grips. Chrystal taps
- Close coupled WC at 450mm to rim of pan, basin at 770mm to rim. Lever taps
- Heated towel rail

Step-free shower cubicle off the bathroom at 90 degrees

- Cubicle size – 1770 x 820mm, fully tiled cubicle with a vinyl floor covering to an off-centre gully. Mains mixer shower at 1300mm to the centre of the controls. Riser bar at 1500mm.

Sitting Room

- Door width 830mm – circulation within the room is a little limited.
- 2 large sofas (3 seater) and 1 wing easy chair. Sofa height at 450mm and the chair at 460mm Good armrests.
- Illumination levels are good. Standard lamp and central light. Table lamps.
- Carpeted
- Live fire, guard provided
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NB: mobile phone coverage in the house is not good

- Pay phone is provided in the hall
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Snug

Sofa and armchair with standard lamp and dresser

Double Bedroom – First Floor

- Door width 730mm.
- Metal frame bed with 1400mm width, 1900mm long and 650mm high. Space under 350mm.
- Bed-side tables and lamps (low energy bulbs)
- Illumination levels good.
- Upholstered bedroom chair at 360mm height with straight armrests.

Twin Bedroom – First Floor



- Door width is 800mm
- Divan beds (off the wall positions). Height 640mm. Width 900mm and length 1900mm space between beds can be adjusted.
- Carpeted, circulation is good
- Illumination levels good.
- Bedside tables with lights (low energy)
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Lavatory – First Floor

- Cubicle dimensions 1520 x 1290mm (reduces to 900mm)
- Close coupled WC - 400mm to top of pan seat
- Vinyl floor
- Sink height of 790mm
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Garden

- Large garden laid to grass to the side and front of the property, bordered by bordered by hedges, the stream and fence. Not fully enclosed.
- Enclosed area in front of the house with metal gate.
- Picnic table located in the small fenced area immediately in front of the cottage. Fixed seating. Seat height of 450mm.

Additional Information

- Assistance dogs are welcome at all our cottages
- In the event of a fire, it is the responsibility of the guests to evacuate themselves. Vibrating fire/smoke detectors are available if requested at time of booking. Please contact us if you have any other specific access requirements in this respect.
- TV reception may be limited at times.

Facilities at all cottages

The National Trust aims to expand the list of accessible /equipment/items available at each cottage and these may include

- Cordless kettle
- Hollowfibre bedding
- Chair with armrests
- Good reading light
- Large handle vegetable peeler
- Easy tin opener
- Non-slip mat for bath/shower
- Non-slip place mat
- Easy jar opener
- Information in alternative formats (on request)

Please note that we cannot guarantee that all items will be available at the time of your visit. Please enquire at the time of booking regarding any particular requests.

Specialist equipment

Other specialist equipment such as wheelchairs, bath seats, toilet frames etc may be available for loan or purchase from the local Red Cross loan centre. Please check this out before booking the Cottage and contact us if you require further information.

<http://www.redcross.org.uk/standard.asp?id=89425>

Future Plans to improve Access to National Trust Holiday Accommodation

- We are currently in the process of writing accessibility guides for all our holiday cottages and bunkhouses and improving access over time for all our guests. All feedback is very helpful in informing us of ways in which we can improve access. We welcome any comments or ideas from you about access at this cottage and thank you for taking the time to do this. Please do this in the most convenient way for you. See contact details below or information on website.

About the Accessibility Guide

- This Accessibility Guide is intended to provide key information about the accommodation that may be particularly relevant to guests with disabilities. Please contact us prior to booking if you would like information that is more specific and we will be happy to oblige.

Email: cottages@nationaltrust.org.uk

Phone: 0344 8002070

Access for All at the National Trust

- The Access for All office works to improve access at all National Trust accommodation and properties. The office welcomes comments and ideas on improving access.
Phone: 01793 818531
Email: accessforall@nationaltrust.org.uk

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