

## National Trust Cottages Accessibility Guide - Thrang

Cottage Ref: 009024

### Introduction

Thrang is a isolated small traditional 3 bedroom farmhouse situated in the Duddon Valley in the Central Lake District.

The Cottage is arranged as follows:

#### Ground Floor:

- Entrance to hallway
- Access to kitchen with further access to ground floor bathroom
- Access to Living room/diner
- Access to first floor via an L-shaped staircase containing xx steps

#### First Floor:

- Landing with access to:
- Main double bedroom
- Twin bedroom
- Single bedroom

### Pre-Arrival

- See the main webpage for booking and location details.
- Please contact us prior to booking if you have any specific access requirements.
- Directions provided with booking

### Arrival & Parking Facilities

The property is located some 220 metres from the neighbouring farm at which is sufficient parking for two cars. The property is reached by crossing a gated wooden footbridge and walking across a field with an uphill incline and then through a farm gate (see photos below).





## Getting in (and out) of the cottage

There is a single entrance at the front of the property contained within an open stone porch. The step up to the porch is 200mm high and the main entrance is 850mm wide.

## Getting around the cottage

### Ground floor:

- The ground floor consists of a long hallway from which there is access to the living room and kitchen. From the kitchen, the ground floor bathroom is accessed via and contained within the attached barn.
- A wooden staircase leads to the first floor.
- Door widths inside the house are not consistent and are indicated individually below.
- The ground floor is mainly stone flagged with a lino covering in the barn/bathroom.

### First floor:

- A simple landing leads to all bedrooms.
- The flooring throughout the first floor consists of the original polished wooden floorboards.

## Main Living Room

- Entrance 780mm wide
- Note: main ceiling beam is low with a 1.9m clearance.
- 2 x two seater settees (seat height 450mm).
- One armchair (seat height 460mm).
- Drop-leaf dining table with clearance of 700mm.
- 2 x dining chairs (seat height 430mm).
- Window seat set into the wall with a seat height of 700mm.
- Open fireplace (range)
- TV with DVD player and satellite box; hi-fi unit.

## **Kitchen**

- Entrance 790mm wide.
- Height of worktop is 900mm
- Appliances including a double oven cooker and microwave situated on the worktop.
- Small kitchen table with leg clearance of 640mm
- 3 dining chairs (to match the living room chairs).
- Access to bathroom via attached barn.

## **Attached Barn/Laundry Room**

- Entrance is 750mm with step up of 200mm.
- Contains separate fridge and freezer plus washing machine and dryer.
- Lino floor leading to bathroom.
- Please note that there is no heating in this part of the barn.
- Wall-mounted controls for bathroom (lights, heating etc) are next to the bathroom door.

## **Ground Floor Bathroom**

- Entrance door width is 710mm
- WC, basin and modern bath with separate shower
- WC height 400mm; Sink height 800mm
- Double width shower (1.2m) with shower curtain and wall-mounted controls 1130mm from floor level.

## **Hall/Stairs**

- Hallway width (max) 900mm
- 12 steps with 190mm risers.
- Handrail situated at an average of 850mm high. Landing rails are 860mm high.
- Entrance to all bedrooms

## **Double Bedroom**

- Entrance door 770mm wide
- Bed (1940mm long x 1360mm wide x 490mm high)
- Bedside cabinets with bedside lights
- Armchair (seat height 460mm)
- Dresser chair (seat height 470mm)

## **Twin Bedroom**

- Entrance door 750mm wide
- Single bed (1940mm long x 950mm wide x 540mm high)
- Single bedside table and lamp.

## Single Bedroom

- Entrance door 760mm wide
- 2 x single beds (each 1940mm long x 950mm wide x 540mm high)

## Outside

- A public footpath runs along the front of the property.

## Additional Information

- Assistance dogs are welcome at all our cottages
- In the event of a fire, it is the responsibility of the guests to evacuate themselves. Vibrating fire/smoke detectors are available if requested at time of booking. Please contact us if you have any other specific access requirements in this respect.

## Facilities at all cottages

In addition to the standard equipment and facilities, each cottage is equipped with the following:

- Cordless kettle
- Chair with armrests in dining room and living room.
- Good reading light
- Large handle vegetable peeler
- Easy tin opener
- Non-slip mat for bath/shower
- Non-slip place mat
- Easy jar opener
- Information in alternative formats (on request)

We aim to provide these items in all cottages but please check when booking as to their availability and to check if new items have been added to the list.

## Specialist equipment

Other specialist equipment such as wheelchairs, bath seats, toilet frames etc may be available for loan or purchase from the local Red Cross loan centre. Please check this out before booking the Cottage and contact us if you require further information.

<http://www.redcross.org.uk/standard.asp?id=89425>

## Future Plans to improve Access to National Trust Holiday Cottages

- We are currently in the process of writing accessibility guides for all our holiday cottages and improving access over time for all our guests. All feedback is very helpful in informing us of ways in which we can improve access to all our cottages. We welcome any comments or ideas from you about access at this cottage and thank you for taking the time to do this. Please do this in the most convenient way for you. See contact details below or information on website.

## About the Accessibility Guide

- This Accessibility Guide is intended to provide key information about the cottage that may be particularly relevant to guests with disabilities. Please contact us prior to booking if you would like information that is more specific and we will be happy to oblige.

Email: [cottages@nationaltrust.org.uk](mailto:cottages@nationaltrust.org.uk)

Phone: 0344 800 2070

## Access for All at the National Trust

- The Access for All office works to improve access at all National Trust cottages and properties. The office welcomes comments and ideas on improving access.

Phone: 01793 818531

Email: [accessforall@nationaltrust.org.uk](mailto:accessforall@nationaltrust.org.uk)

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