

Noticing Nature Diary

Week:




At home or out and about there is plenty you can spot and do for nature. Print this diary sheet each week or create your own at home. Share your Noticing Nature Diary with us @NTSpekeHall #SpekeForNature

This week from my window I spotted...signs of nature:

1.
2.
3.

To help nature this week I...

(Circle one of the below or write your own)

- | | | |
|---------------------|---------------------|--|
| Recycled | Put out bird seed |  |
| Switched off lights | Planted a new plant | |
| Picked up rubbish | Saved water | |

.....

Weekly Weather Log:

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Saturday:

Sunday:

Nature Drawing:



Nature through the senses:

Nature smells of the week:

1.
2.
3.

Nature sounds of the week:

1.
2.
3.