

Mae gwledd i'r synhwyrau'n eich disgwyl dros yr hydref a'r gaeaf ar ein llwybr synhwyrau. Dilynwch y symbolau a chrwydro'r parc – beth wnewch chi ei ddarganfod gyda'ch synhwyrau?

Creodd y teulu Morgan y lle arbennig hwn i allu mwynhau'r byd naturiol o'u cwmpas. Ymgollwch eich hun yn y synau a'r golygfeydd – gadewch i fyd natur sbarduno eich synhwyrau!

Excite your senses this Autumn and Winter with our sensory trail. Follow the symbols and explore the parkland – what will your senses discover?

The Morgan family created this magnificent place so they could enjoy the natural world around them. Immerse yourself in the sights and sounds, let nature spark your senses!



Ar eich marciau, barod, ewch!



Get set, ready, go!





1

Gwrandwch ar y gwynt yn symud drwy'r coed.
Pa synau mae'r dail a'r canghennau'n 'neud?

Listen to the wind moving through the trees.
What noises do the leaves and branches make?



2

Anadlwch allan ar ddiwrnod clir, oer –
allwch chi flasw'r aer rewlllyd?

Blow out your breath on a clear, cold frosty day –
can you taste the icy air?



3

Splash! Gwisgo welis? Cerddwch drwy'r pyllau dŵr.
Sut mae'n teimlo?

Splish splash! Wearing your wellies?
Move through the watery puddles. What does it feel like?

4

Mae'r hydref yn dymor o liwiau cynnes braf.
Edrychwch o'ch cwmpas – faint o liwiau gwahanol welwch chi?



Autumn is a season full of rich and warm colours.
Look all around – how many different colours can you spot?



5

Symudwch eich dwylo ar hyd top y bonyn ac yna'r ochr.
Pa eiriau fydddech chi'n defnyddio i ddisgrifio'r teimlad?

Move your hands across the top and then along the side of
the tree stump. What words would you use to describe
how the surfaces feel?



6

Sticiwch eich tafod allan a cheisio dal diferyn o law –
sut mae'n blasu?

Stick out your tongue and try to catch a rain drop -
what does it taste like?





Mae'r pridd yn aroglï'n llaith a daearol ar ôl cawod o law.
Anadlwch yn ddwfn drwy'ch trwyn – beth allwch chi aroglï?

7 The soil smells damp and earthy after a shower of rain.
Take a big sniff – what scents can you discover?



8 Mae llawer o ddail yn colli eu dail yn ystod y misoedd hyn.
Gwrandwch ar grensian y dail o dan eich traed.

Many trees shed throughout these months.
Listen to the crackle of leaves under your feet.



9 Y llyn yw hoff lecyn ein pryfed bach. Arhoswch am eiliad ac edrychwch – allwch chi eu gweld nhw'n symud ar draws y dŵr?

The lake is a favourite place for insects. Stop and pause – can you see them skimming and moving across the water?



10 Mae celyn yn aml yn cael ei gysylltu â'r gaeaf gan ei fod wedi cael ei ddefnyddio i addurno cartrefi dros y Nadolig ers canrifoedd.
Cyffyrddwch yn ofalu â'r dail celyn – allwch chi eu teimlo'n pigo?

Holly is often associated with winter as it has been used to decorate homes at Christmas for hundreds of years. Carefully touch the holly leaves – can you feel the prickles on the end?



11 Mae elyrch, hwyaid, cotieir ac adar eraill yn ymgartrefu ar y llyn.
Gwrandwch yn astud. Faint o synau gwahanol mae'r adar yn 'neud?
Beth arall allwch chi glywed?







Swans, ducks, moorhens and other birds make their home on the lake. Stay still and listen. How many different noises can you hear the birds make? What else can you hear?



Porthdai Gatehouses



KEY

 Water	 Path
 Tarmac/gravel	 Boundary
 Light vegetation/rocks	 Car park
 Dense vegetation/woodland	

Y Bragdy Brewhouse

Toiledau Toilets

1

2

3

4

5

6

8

7

9

10

11

Ffos Reen

Rhodfa goed derw

Oak tree avenue

Ardal chwarae
Play area

Pwll Pond

Llyn Lake

Tŷ cychod
Boat house

P